



EVENT INFORMATION BOOK

Including:
EVENT BY-LAWS
SWIMMING RULES

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This publication was correct at the time of printing; however, events and information contained in this publication are subject to change. Notice of any changes is available on the SwimmingSA web site www.swimmingsa.org.au

Effective February 2012

WELCOME

SwimmingSA has updated the SwimmingSA Event Information Book which now includes the multi-class rules and information.

We have endeavoured to simplify and standardise the rules used across all of SwimmingSA's events to make it easier for members and competitors.

In this single document you will find information and explanations regarding entry procedures, Codes of Behaviour and the rules and by-laws for SwimmingSA events conducted in South Australia.

We hope that this new simplified booklet assists you to better understand your rights and obligations as a swimmer, parent, committee member, coach or official so that you can enjoy the benefits of competitive swimming.

The Board of SwimmingSA

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For Further information please go to the SwimmingSA website, www.swimmingsa.org.au or contact the office on 08 7123 0848

Disclaimer - SwimmingSA and any other event organisers will not be held liable for any costs and expenses incurred by any person following cancellation of an event outlined in this Event Information Book.

This limitation of liability includes but is not limited to any costs or damages incurred by any natural person in respect of the cancelled event.

GENERAL INFORMATION

1.1 SWIMMINGSA STAFF and APPOINTED PERSONS

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Rita Brewerton	Phil Bowen	Sue Edwards
Rocco Bueti	Stephen Cook	Craig Nulty

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Officials working at SwimmingSA events (excluding Warm up Supervisors and Announcers) need to register their presence with the Meet Director or Referee at least half an hour before the scheduled start of the meet.

**Announcers and warm up supervisors are required to be present at the start of warm up to undertake their duties.*



Australian Government

Australian Sports Commission

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Updated - 29-May-12

EVENT INFORMATION

2.1 GENERAL EVENT INFORMATION

All SwimmingSA meets (with the exception of the Country Championships) are conducted at the SA Aquatic and Leisure Centre, 443 Morphett Rd Oaklands Park, SA 5046.

For locations of club events, please see the Handbook of Events.

All Dates and times of events can be found in the SwimmingSA Handbook of Events and on the SwimmingSA website.

All information detailed below can be found at our website www.swimming.org.au under the events link, under > Rules & Regulations section.

2.2 ENTRY PROCEDURES

Competitors must be registered with a club affiliated with a recognised swimming federation.

Competitors must carry their registration card at all times and produce it if asked by an official SwimmingSA representative. Failure to do so may render a swimmer ineligible to compete.

Competitors must lodge all event entries with their club nominations officer in a format deemed acceptable by the club and/or the event organiser. Any incomplete or incorrect entries will not be accepted. Submitting false or misleading information will attract a penalty.

Individual (SwimmingSA Events) All SwimmingSA Individual Entries must be lodged through your club

Relays (SwimmingSA Events) Team Listings must be completed in Team Manager and submitted to SwimmingSA by the closing date and must include an entry time and the names of athletes including up to 4 reserves.

State Championship and Division 1 events require qualification.

The event qualifying times are specified in the SwimmingSA Handbook of Events.

Note: Athletes are eligible to enter the 1500m and 800m freestyle events at the Division 1 Series; provided they have achieved the qualifying time set for the 400m freestyle for their age group.

Country Championships have standard times.

The event standard times are specified in the SwimmingSA Handbook of Events.

Division 2 events have Break times.

The event qualifying times are specified in the SwimmingSA Handbook of Events.

JX 11 &U meets have no time qualifications.

When entering an event you do not have to enter a time.

2.3 RESULTS PROCEDURES

Results will be published on the SwimmingSA website when they are available to the website administrator.

2.4 DEFINITIONS

- **All Ages** - event is open to competitive swimmers of any age
- **Allcomer** - is an event open to any South Australian or Interstate or International competitor recognised by SwimmingSA. Allcomer's races may be mixed gender
- **AOE** – Automatic Officiating Equipment (touch pads and buttons)

- **Approved Event** - an event which has been approved by SwimmingSA and conducted under the rules of SwimmingSA. (may include but not limited to NonQF, StateQF, NationalSQ or school event)
- **BBB** - an event in which competitors may nominate and swim either backstroke, breaststroke or butterfly
- **BBB/IM** – an event in which competitors may nominate and swim only one of the following strokes – backstroke, butterfly, breaststroke or Individual Medley
- **Break Time** -a *break time* is achieved when a swimmer swims faster than the *break time* as listed next to each event (where applicable). The reason for the introduction of break times is to ensure that swimmers are competing in the appropriate level of competition.
- **Converting Times** - Converting a time achieved in a long course pool to enter a Short Course event is not allowed and vice versa using a short Course time to enter a long course event is not allowed. However an unconverted long course time can be used in a short course event.
- **Dash for Cash** – invitation only race. Usually one scratch race only with the fastest qualifiers from a designated event, invited by the host club to participate
- **EBL** - Event By-Law
- **False or misleading information** - Is conduct that is misleading or deceptive or is likely to mislead or deceive. Clubs will be fined per offence when found to be submitting false or misleading information.
- **Female/Women/Girls** - events shall be restricted to competitors of that gender
- **JX** – the Australian Junior Excellence Program
- **Handicap** – a race or contest in which certain disadvantages or advantages of time are placed upon competitors to equalise their chances of winning.
- **Long Course (LC)** - the meet is conducted in a 50m pool.
- **Male/Men/Boys** - events shall be restricted to competitors of that gender.
- **Meet Manager** – software used to setup and conduct competitions
- **Mixed** - male and female genders or multiple ages may combined into one event. Results may be listed for separate ages and/or genders or they can be listed as one result irrespective of gender or age.
- **Mixed (Relays Only)** - events shall be a relay event and each team must include at least one member of each gender.
- **Multi-Class (MC)** – an event designated for competitors with a physical or intellectual disability as defined in the Swimming Rules.
- **National Qualifying event** – results achieved at these events can be used to qualify for State or National Championship Events.
- **Non Qualifying event** – times achieved at these events cannot be used to enter State or National Championship events but can be used to enter Div 1 and A Grade.
- **Open Races** – includes competitors of all ages
- **OWBL** – Open Water Swimming By-Law
- **OWS** – Open Water Swimming Rule
- **Qualifying Time** – a time is required to enter an event.
- **Recognised Club** – is a club that is a member of a FINA body
- **Recognised Times** – shall:
 - be swum in a 25m or 50m pool;
 - be at a SwimmingSA endorsed event; and
 - have the appropriate SwimmingSA officials on pool deck; and
 - have the results submitted to SwimmingSA in Meet Manager electronic file within 14days of the event
- **Record Categories:**
 - State Long Course Age & Open (SAR & SAA)
 - Country Long Course Age & Open (SAR)
 - Country Championship Age & Open
 - State Short Course Age & Open (SAR & SAA)
- **SAA** – South Australian Allcomers Record – must be swum in South Australia by any registered swimmer
- **SAR** – South Australian Record – must be swum by a South Australian registered swimmer but can be swum anywhere

- **SAT**- Semi Automatic Timing (buttons only)
- **Short Course (SC)** - the meet is conducted in a 25m pool.
- **Skins** – Invitation race only. Usually multiple scratch races with the fastest qualifiers from a designated event invited to compete in the knock out elimination competition. The skins format will be published in the carnival program.
- **Standard time** – must be achieved during a race.
- **State Qualifying event** – results achieved at these events can be used to qualify for State Championship Events.
- **SW** – Swimming Rule
- **Team Manager** – Software used to record all your club records, athlete results, training sessions
- **Visitors** – a person who is not a member of a South Australian club
- **YPS** – the Australian Youth Performance Squad Program

2.5 INFORMATION FOR COMPETITORS AND COACHES

The information below is designed to assist members about competitions. For further detailed information refer to the SwimmingSA Swimming Rules, Event By-Laws and Codes of Behaviour and the SwimmingSA Website for the latest up to date information.

SwimmingSA BEFORE THE COMPETITION

Entries must be submitted to the event host

For SwimmingSA events, any registered competitive swimmer may enter however break, standard or qualifying times may apply.

ON THE DAY OF COMPETITION

On arrival at the pool competitors must check that your entries are in the program. If there are errors in the program please report them to your Team Manager. Team Managers should direct any queries to the Meet Director or Referee of the Meet. Team Managers should carry a copy of their Club Entries Summary Sheet.

Read the instructions to competitors and listen to all announcements.

Participate in Warm Up according to the warm up instructions and follow your coach's advice.

Pool deck access will be restricted to competitors, coaches, Team Managers and Technical Officials ONLY. Accreditation passes should be carried.

Withdrawals and Reporting to Swim – Please refer to the SSA Event By-laws and any information provided in the competition program.

Disqualifications

Any queries concerning disqualifications must be directed to the Referee.

2.6 WARM UP PROCEDURE

The event warm up start times are as follows:

- All SwimmingSA Non-Championship events will commence 1 hour prior to the commencement of the first race.
- State Championships will commence 1 ½ hours prior to the commencement of the first race.
- Country Championships – please see the Specific Event Information

Detailed warm up procedures can be found in the event program for each meet.

2.7 PUBLIC ADMISSION TO EVENTS

Entry to the complex will be available half an hour prior to the start of warm up.

People attending SwimmingSA events are not permitted to enter the venue prior to this time.

****People found to be entering the complex prior to the event will be investigated and their Clubs may be penalised****

All events: (Per Session)

Adults	\$5.00*
Children (u/16)	\$2.00*
Concession	\$2.00*
Coaches	Free (with ASCTA card)
Technical Officials	Free (must have registered online to work at the event)
Competitors	Free (only if they are competing in the event and show their SSA membership card)

**All entry prices include GST and are subject to change.*

There will be no reserved seating.

2.8 EVENT PROGRAMS

Heats programs will be available for sale from the gate

Finals programs will be available for sale from the gate

One Heats and Finals program will be available for each Coach and Team Manager. These will be available for collection from the gate or team managers meeting.

Technical Officials' programs (for those who are working at the meet) will be available in the officials' room.

2.9 ACCREDITATION

- All competitors must have their SwimmingSA (or other State issued) membership tag at all meets.
- Coaches are required to have their ASCTA coaches' cards in order to obtain free entry.
- Technical officials are required to have their SAL accreditation cards in order to receive free entry to the meet. (You must be working at the meet if you are obtaining free entry)
- Time Keepers are required to produce the SwimmingSA timekeepers pass (for that meet) to obtain free entry to the meet.

Accreditation is required to be displayed at all times to access pool deck

People breaching these requirements will be investigated.

2.10 TEAM MANAGERS

All Clubs are required to submit at the beginning of each warm up session a Nominated Team Manager form to the Referee or Meet Director.

Team managers are required to attend a briefing which will be held **prior** to the start of each session.

Any updated information in relation to the conduct of the event will be made available at the briefing. The venue for this will be announced at the meet.

2.11 MEMBER PROTECTION POLICY

The SAL Member Protection Policy makes it a breach of the policy for a Prohibited Person (defined as a person who has been convicted of a Serious Sex Offence) to work or seek work in the following roles:

- Coaches who are appointed or seeking appointment (whether employed, contracted, volunteer or otherwise) for reward;
- Volunteer personnel appointed or seeking appointment, who will or are likely to travel away with teams of competitors under 18 years of age; and
- Persons appointed or seeking appointment to a role in which that person is likely to have individual and unsupervised contact with competitors under 18 years of age (for example, a Team Manager).

All people aged 18 years and over must sign the Prohibited Person Declaration Form. This form must be signed and returned to your State association with your clubs' entries. Anyone aged 18 years and over who has not signed the form will not be admitted into the Championship pool. You only have to sign the form once. If you have already signed and submitted a form you don't need to do it again unless your circumstances have changed.

A **Prohibited Persons Declaration Form** can be found in the appendices of this booklet.

2.12 ASADA Drug Testing Procedures

GENERAL GUIDELINES

The Australian Sports Anti-Doping Authority (ASADA) is the Australian national anti-doping organisation. It is responsible for developing a sporting culture free from doping. Athletes can be selected for testing by ASADA anywhere, any time, and are subject to both random and targeted selection methods. Sample collection can be either in-competition (at an event) or out-of-competition (such as a training venue or home). The majority of testing is carried out with no-advance-notice. Tests can involve the collection of urine, blood, or both. Athletes may be selected at this event for testing. For in-competition testing at this event, athletes can be notified during heats, finals or any other time during the event. All ASADA officials wear uniform and identification badges.

THE TESTING PROCESS

If you are notified for a test, the following steps are what to expect.

1. Once notified of selection for testing, you must remain in direct observation of the Doping Control Officer (DCO) or Chaperone until the DCO is satisfied that the sample collection procedure is complete.
2. For no-advance-notice testing, including in-competition testing, you are required to report to the doping control station immediately unless you request a delay in reporting for valid reasons. You are permitted to complete a warm-down, participate in medal presentations, compete in further events or fulfil media commitments if required. At all times you must be accompanied by the chaperone.
3. You will be given a choice of individually sealed collection vessels, and you will select one. You will verify that the equipment is intact and has not been tampered with, and you will maintain control of the collection vessel at all times.
4. Providing the sample
 - Urine: The Chaperone will directly witness the urine sample leaving your body and going into the beaker. Only a Chaperone of the same gender is permitted in the area of privacy when you provide the sample.

- Blood: You will be asked to select blood collection equipment and check that it is intact and has not been tampered with. A blood collection official will collect the sample in the presence of a DCO, Chaperone and, if applicable, the athlete representative.

5. You will select an individually sealed sample collection kit that is intact and has not been tampered with.

6. Splitting the sample

- Urine: you will pour a measured amount of the urine into each of the 'A' and 'B' labelled bottles, and then secure the kits. You will be asked to leave a small amount of urine in the collection vessel so the DCO can measure the specific gravity.
- You will place and secure the blood samples in the relevant labelled containers and secure the kits.

7. The DCO will check the specific gravity of the residual urine left in the collection vessel, and will record the value on the Doping Control Test Form. You should avoid over hydrating; this can happen if you drink too much fluid. If your sample is too diluted and does not meet the required specific gravity you will be required to provide additional urine samples until you provide a sample that meets the specific gravity requirements.

8. Final paperwork - Your personal information is recorded on the doping Control Test Form, including contact details. You will be asked to provide information on prescription and non-prescription medications, vitamins, herbal products, food supplements, and any other substances you have used within the last seven days. These are recorded on the Doping Control Test Form.

9. The secure sample(s) and the laboratory copy of the Doping Control Test Form are sent to the laboratory for analysis. There is a strict chain of custody regarding transportation, storage and opening of the sample.

Note: You should not consume any unsealed drinks. You will be provided with sealed drinks when you report to the Doping Control Station. You should open them yourself and once opened, be responsible for them. Any food or drink you consume is consumed at your own risk and is not grounds for challenging a test result.

ATHLETE RIGHTS

Athletes have the right to:

- have a representative present during testing (e.g. your coach or manager)
- have an interpreter, if available
- ask for additional information about the testing process
- request modifications for athletes with disabilities
- request a delay in reporting to the doping control station for valid reasons (provided they remain in sight of the Chaperone at all times):

for in-competition testing:

- performing a warm down
- competing in further competitions
- fulfilling media commitments
- participating in a victory ceremony
- obtaining necessary medical treatment
- obtaining photo identification

- locating a representative and/or interpreter
- any other exceptional circumstances as approved by the DCO

ATHLETE RESPONSIBILITIES

Athletes have the responsibility to:

- remain within direct observation of the DCO or Chaperone at all times from the point of notification by the DCO or Chaperone until the completion of the sample collection procedure
- produce appropriate identification
- comply with sample collection procedures
- report immediately for a test, unless there is a valid reason for a delay.

SWIMMERS SUBJECT TO TESTING

All Telstra Dolphin team members and other swimmers identified by SAL as competing at an elite level are subject to ASADA's national out-of-competition testing program. Some state level swimmers are subject to state testing programs as determined by state and territory governments.

CHECK YOUR SUBSTANCES

Athletes can't just take any drug or medication, or even use any training method. Some drugs, medications and substances are banned in sport, as are some methods.

It's easy to check if your substances are permitted in sport. Visit www.asada.gov.au and click check your substances.

MORE INFORMATION

For more information about anti-doping, visit www.asada.gov.au

SWIMMINGSA EVENT BY-LAWS

BY-LAWS FOR THE CONDUCT OF SWIMMINGSA EVENTS

*Note these by-laws, where applicable are aligned with the SAL Championship By-Laws

FEBRUARY 2011

SAL CBL1-N/A

EBL2 - DATE OF COMPETITION

- 1) The dates of all SwimmingSA events shall be determined by the Board.
- 2) No Club or District Association is permitted to conduct an event during the period of any State Championship Event conducted by SwimmingSA without the consent in writing of SwimmingSA.

EBL3-TYPES OF EVENTS

Definition of the types of events:

Approved meets shall consist of events that have been endorsed by the Board of SwimmingSA as:

- Open Carnival/Inter-club Limited Qualifying Meet
- Open Carnival/Inter-club Full Qualifying Meet

SwimmingSA shall each year conduct the following:

- Long Course State Championships
- Short Course State Championships
- Open Water State Championships
- Long Course Country Championships

All events listed below shall be conducted for both Male and Female where appropriate:

State Championship Open Events:

Freestyle	50, 100, 200, 400, 800, 1500 metres
Freestyle (Open Water)	2.5, 5 & 10 kilometres
Backstroke	50, 100 and 200 metres
Breaststroke	50, 100 and 200 metres
Butterfly	50, 100 and 200 metres
Individual Medley	100m (SC Only) 200 and 400 metres
Club Medley Relay	4x50, 4 x 100 metres
Club Freestyle Relay	4x50, 4 x 100 metres, 4 x 200 metres
*Multi-Class Freestyle	50, 100, 200# and 400metres
*Multi-Class Backstroke	50, 100, 200#metres
*Multi-Class Breaststroke	50, 10, 200#metres
*Multi-Class Butterfly	50, 100, 200#metres
*Multi-Class Individual Medley	100 (SC only), 200metres

*MC Events may be combined with able bodied events

Non Medal Events

Country Championship Open Events:

Freestyle	800 metres
Backstroke	200 metres
Breaststroke	200 metres
Butterfly Stroke	200 metres
Individual Medley	400 metres
Club Medley Relay	4 x 100 metres
Club Freestyle Relay	4 x 100 metres

The order of events and the duration of all championships shall be proposed by the Competitions Committee and be considered for approval by the Board of SwimmingSA, which shall give as much notice as possible of such determination to the members and affiliates.

SAL CBL4 – Included Elsewhere: See EBL 3 & 5

EBL5.1-STATE AGE CHAMPIONSHIPS

SwimmingSA shall in each year conduct the State Age Long Course and Short Course Championships.

The order of events and duration of the Championships shall be proposed by the competitions committee and submitted for approval by the Board of SwimmingSA.

The following events will be considered for inclusion for males and females at State Age Championship competitions:

Event/Age	11yrs & U	12yrs	13yrs	14yrs	15yrs	16yrs	17/18yrs
50m Freestyle	x	x	x	x	x	x	x
100m Freestyle	x	x	x	x	x	x	x
200m Freestyle	x	x	x	x	x	x	x
400m Freestyle	x		x	x	x	x	x
800m Freestyle (female only)	x			x		x	
800m Freestyle (male only)	x						
1500m Freestyle (male only)				x		x	
2.5km Open Water	10-11	x		x		x	
5km Open Water		x		x		x	
10km Open Water			x			x	
50m Backstroke	x	x	x	x	x	x	x
100m Backstroke	x	x	x	x	x	x	x
200m Backstroke	x	x	x	x	x	x	x
50m Breaststroke	x	x	x	x	x	x	x
100m Breaststroke	x	x	x	x	x	x	x
200m Breaststroke	x	x	x	x	x	x	x
50m Butterfly	x	x	x	x	x	x	x
100m Butterfly	x	x	x	x	x	x	x
200m Butterfly	x	x	x	x	x	x	x
100m Individual Medley	x	x	x	x	x	x	x
200m Individual Medley	x	x	x	x	x	x	x
400m Individual Medley	x			x	x	x	x
Event/Age	11yrs & U		13yrs & U		15yrs & U		18yrs & U
4x50m Freestyle Relay	x		x		x		x
4x100m Freestyle Relay					x		x
4x200m Freestyle Relay					x		x
4x50m Medley Relay	x		x		x		x
4x100m Medley Relay					x		x

EBL5.2-COUNTRY CHAMPIONSHIPS

SwimmingSA shall in each year conduct the Country Long Course Championships.

The order of events and duration of the Championships shall be proposed by the competitions committee and submitted for approval by the Board of SwimmingSA.

The following events will be considered for inclusion for males and females at Country Championship competition:

Event/Age	11yrs & U	12yrs	13yrs	14yrs	15yrs	16yrs	17/18yrs	Open	
50m Freestyle	x	x	x	x	x	x	x	x	
100m Freestyle	x	x		x		x		x	
200m Freestyle	x							x	
400m Freestyle	x							x	
800m Freestyle									x

1500m Freestyle								X
50m Backstroke	X	X	X	X	X	X	X	X
100m Backstroke	X	X		X			X	X
200m Backstroke								X
50m Breaststroke	X	X	X	X	X	X	X	X
100m Breaststroke	X	X		X			X	X
200m Breaststroke								X
50m Butterfly	X	X	X	X	X	X	X	X
100m Butterfly	X	X		X			X	X
200m Butterfly								X
200m Individual Medley		X		X			X	X
Event/Age	13yrs & U			15yrs & U			OPEN	
4x50m Freestyle Relay	X			X			X	
4x50m Medley Relay	X			X			X	
4x100m Freestyle Relay							X	
4x100m Medley Relay							X	
4x200m Freestyle Relay							X	

EBL 6-Multi Class Competition

South Australian Championship events for classified swimmers with disability shall be conducted in Multi-Class (MC) format. Competitors must hold an eligible classification as described in CBL 16. Heats shall be seeded according to SW 3 in the SwimmingSA Swimming Rules. Placings for each event shall be determined using the Multi-Class Point Score System.

A classified swimmer may require assistance from support staff. Support staff is any person designated to assist a swimmer as defined in the SwimmingSA Swimming Rules, MC 4.

SAL CBL 7 – Included Elsewhere: See EBL 3 & 5 (Open Water State Championships)

EBL 8-STANDARD, QUALIFYING OR BREAK TIMES

SwimmingSA shall adopt qualifying, standard or break times for each distance and stroke for all events in accordance with the level of competition (e.g. Championship/Div1/Div2). Advice of the approved times are published on the SwimmingSA website prior to the commencement of each season. Times must have been achieved at an approved meet after the 1st January in the year prior to the year in which the events are held.

EBL 9-SEMI-FINALS OR FINALS

Semi finals may be conducted for Long or Short Course Events. Further to this A and B finals may also be conducted.

B finals will be conducted for the SA Long Course Open Championships up to and including 200m provided at least 24 competitors contest the heats. B finals may be conducted for 400m events provided at least 24 competitors contest the heats. After withdrawals should there be less than 15 swimmers registered to compete in the A & B Final then the B final may be cancelled.

SAL CBL 10 – Included Elsewhere: See EBL 9 (Semi Finals)

EBL 11-TIMED FINAL EVENTS

All events conducted at non championship competitions are deemed to be timed finals unless otherwise stated in event specific information.

When the Female 1500m and Male 800m Freestyle Championship events are contested, places shall be awarded on a time basis (i.e. no final will be held). The swimmers will be seeded in heats according to the fastest declared times. The sequence shall be on the basis of the slowest heat first and the fastest heat last, with the fastest heat conducted in the finals session.

Club relays shall be conducted as timed finals.

EBL 12-FINA RULES & BY-LAWS

SwimmingSA events shall be conducted under the Rules and By-Laws of FINA as prescribed in the current FINA Handbook except in so far as they are varied by these By-Laws.

EBL13-PROTESTS AND THE JURY OF APPEAL FOR ALL SWIMMINGSA EVENTS

The purpose of a protest is to resolve a dispute made by an individual, team or Club against a decision made by an official. A rule of fact cannot be protested against e.g. Something demonstrated to exist or known to have existed; or A real occurrence; or an event. An example of this would be: *that the swimmer was in the lane.*

EBL13.1-HOW TO LODGE A PROTEST

- (1) Protests are possible:
 - a) If the Rules and Bylaws for the conduct of the competition are not observed.
 - b) If other conditions endanger the competition and or swimmers, or
 - c) Against the decision of the Referee, however no protests shall be allowed against decisions of fact.
- (2) Protests must be submitted:
 - a) To the Referee
 - b) In writing on the SwimmingSA protest form
 - c) By the responsible team leader only
 - d) Together with a deposit of \$100.00; and
 - e) Within thirty (30) minutes following the conclusion of the respective pool event
 - f) Within thirty (30) minutes following the posting of results in open water
- (3) Protests not resolved by the Referee shall be sent to a Jury of Appeal.
- (4) If a person becomes aware of a condition which will cause a protest prior to the start of the competition, a protest must be lodged in writing before the Starter's signal is given.

EBL13.2-WHEN WILL A JURY OF APPEAL BE USED?

If a protest is lodged against a Referee's decision it shall be passed to the Meet Director (or the non-involved Referee) who will select the members of the Jury of Appeal.

EBL13.3-A JURY OF APPEAL SHALL COMPRISE OF:

- (1) Three people two of whom shall be Referees. The third person shall not be Referee but shall be a SwimmingSA Technical Official. Members of the Technical Committee involved in the protest shall not be a member of the Jury of Appeal or participate in its deliberations.
- (2) The members of a Jury of Appeal shall elect a Chairperson.
- (3) All members of a Jury of Appeal shall be independent of the protest in question and the Referee against whose decision the protest has been lodged shall not influence the selection of the members of the jury or participate in its deliberations.
- (4) All parties involved in the protest, including the Referee against whose decision the protest has been lodged, who wish to address the jury shall be given the opportunity. The jury may at its discretion call any other involved parties to provide input.
- (5) If a Jury of Appeal cannot be convened the race shall be swum under protest.
- (6) If a race is swum under protest the Referee shall advise competitors accordingly and, if necessary, withhold the result of that race.
- (7) Protests not resolved by the Referee or because of an inability to convene a Jury of Appeal shall be referred to a Jury of Appeal comprising members of the Technical Committee for a decision at a later date.
- (8) The Technical Committee shall make its decision within 5 days of the protest being received

EBL13.4-CONCLUSION OF PROTESTS

- (1) If the protest is rejected, the deposit will be forfeited to SwimmingSA. If the protest is upheld the deposit will be returned.
- (2) Team Managers will receive written advice of the outcome of the protest.

EBL14-NO SMOKING

No smoking is permitted in any area, indoors or outdoors, prior to or during competitions. The SA Aquatic and Leisure Centre is a non smoking venue- you must be outside of the perimeter fence prior to lighting up. **We receive funding from the State Government which requires us to have a smoke free competitive environment.**

EBL15.1-GENERAL SWIMSUIT GUIDELINES

- (1) The swimsuits of all swimmers shall be in good moral taste and suitable for the individual sports discipline.
- (2) All swimsuits shall be non transparent and must conform with FINA approved standards in all respects.

or
- (3) Until otherwise directed by SSA, swimmers may wear 'traditional' swimsuits provided the suits meet the following criteria:
 - a. Men's swimwear may not extend above the navel or below the groin; Women's swimwear shall not cover the neck, extend past the shoulders or below the groin.
 - b. No zippers or other fastening devices are allowed except for a waist tie on a traditional swim suits.
 - c. Suits must be of a textile material and must not contain any non textile material such as polyurethane or neoprene.
- (4) Modification of a swimsuit to accommodate a competitor's disability is permitted (IPC 2.16.2). Proposed modification shall be submitted in writing to SwimmingSA for approval at least 14 days prior to the meet. Approved swimsuits shall be presented to the referee prior to the swimmers first event at the competition.
- (5) The referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this rule.
- (6) Swimwear is limited to one (1) swimsuit.

EBL15.2 ADDITIONAL SWIMSUIT GUIDELINES FOR AGE GROUP EVENTS

- (1) All swimwear worn by competitors in Age Group Events (18 and under) conducted in Australia shall be commercially available products.
- (2) Swimwear worn by competitors in Age Group Events shall conform to the following design:
 - a. Men's swimwear is limited to one (1) swimsuit that covers at most the body surface from navel to knee. Swimwear may not extend above the navel or below the knees;
 - b. Women's swimwear is limited to one (1) swimsuit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimwear must not extend below the knees. Swimwear must not have a zipper or any type of fastening devices except for a waist tie on traditional swimsuits.
 - c. Suits must be of textile material and must not contain any non textile material such as polyurethane or neoprene.

EBL15.2 is similar to EBL 15.1 but allows competitors to wear swimsuits that conform to 2010 FINA guidelines that have not been submitted to FINA for approval

EBL16-EVENT NOMINATIONS & ELIGIBILITY

- (1) Subject only to subclause (5) of this EBL, only recognised Clubs/federations have the authority to nominate swimmers for relay events at SwimmingSA competitions.
- (2) All entries (individual) must be submitted electronically to SwimmingSA as specified on the website/handbook by the published closing date. All entries (relay) must be submitted electronically by clubs to SwimmingSA as specified on the website/handbook by the published closing date.
- (3) Interstate and International swimmers interested in entering SwimmingSA events should contact the SwimmingSA Events Coordinator for entry details.
- (4) Each competitor entered shall submit to doping control tests when determined by the appropriate doping authority.

- (5) SwimmingSA events are open only to the following:
- Swimmers eligible to represent Australia who are registered with a Member Club and meet the entry requirements.
 - Members of other Federations affiliated to FINA who meet the entry requirements provided they hold a valid clearance from their Federation.
 - Non Australian citizens who are registered with a State Association and meet the entry requirements.
 - Swimmers with a disability who hold a current National Classification according to the National Classification Database held by SAL, in line with eligibility requirements outlined in the SAL Classification Policy and Procedures for classes 1-10 (FCS), 11-13 (Vision Impairment), 14 (Intellectual Disability), 15 (Hearing Impairment) and 16 (Transplant).
- (6) (Extracted from SwimmingSA By-Laws please read the full transfer By-Laws if this applies to you) Any Member of a Club may transfer to another Club at any time if the member submits to SwimmingSA the appropriate transfer form signed by the Secretary (or other authorised officer) of the previous Club indicating that the Member has no outstanding liability to that Club, together with any fee determined by the Board from time to time and either:-
- in the opinion of the Board the reason for the transfer is related to a genuine change of residential location by the Member, or
 - in all other cases the Member may compete but may not represent any Club in open or interclub competition for a period of 90 calendar days from the date the transfer form was stamped received by the SwimmingSA office.

For this clause swimmers will be identified as “unattached”

- (7) A swimmer who is a member of another Federation affiliated to FINA shall only represent that Club or Federation and score points for that Club.
- (8) In the event of a question arising as to the eligibility of any swimmer under this by-law to represent or score points in any competition for any State Association or Club the swimmer so affected shall be at liberty to refer that question to the Board of SwimmingSA and its determination shall be final.
- (7) If a swimmer wishes to compete in the championships and cannot comply with the sub By-Law (6) of this By-law he may compete as “an unattached” swimmer. Provided however, that he shall not be eligible to score points for a Club in any competition being conducted at the championships and may not compete in club relay events. He may score points for his State and compete in State relays provided he has not transferred from one State to another.

EBL 17-COMPETITION VENUES (Championships)

- (1) Longcourse events shall be conducted in heated, (preferably covered) 50m pools. The venue must have a minimum of 1600 seats for competitors and public with warm up and swim down facilities.
- (2) Shortcourse events shall be conducted in heated 25m pools. The venue must have a minimum of 1600 seats for competitors and public with warm up and swim down facilities.
- (3) Country Championships refer to SwimmingSA Policy Statements

EBL 18-ENTRY FEES

An entry fee which will be determined by the Board shall be charged for each individual entry and each team entry in all SwimmingSA Events.

EBL19-AGE REQUIREMENTS

Each entrant for a limited age competition must be of the stipulated age as per the event list for the relevant event and shall produce, on request, a birth certificate or statutory declaration as to his/her age to the General Manager.

EBL20-ENTRY REQUIREMENTS

- (1) A maximum of four entries per session for all events other than State or Country Championships or as determined by specific event listings .

- (2) Unlimited entries for State and Country Championships – all individual and team events shall be accepted from Club Representatives provided that such entry complies with the conditions of entry for that event including that the swimmer's club certifies that the entry time submitted has been achieved within the stipulated period at an appropriate approved event.
- (3) Unless otherwise stated - for Long Course events where qualifying times apply, the qualifying times must be achieved in a 50m length pool.
- (4) For Short Course events where qualifying or break times apply, the qualifying/break time should be achieved in a 25m length pool. If the swimmer does not have a time in a 25m pool then his/her time in a 50m pool is acceptable without any conversion factor.

EBL 21-TEAM MANAGERS MEETINGS

A Technical meeting of all team managers shall be held 45mins prior to the commencement of each session. This meeting is the opportunity for team managers to lodge any split, withdrawal or relay nomination forms and discuss any errors or omissions with the meet director or their nominated representative. Any updated competition information will be provided to the managers at this meeting.

EBL 22-REPORTING FOR DISTANCE EVENTS, MARSHALLING & WITHDRAWALS

- (1) Competitors intending to compete in the 400m Freestyle, 400m Individual Medley, 800m and 1500m Freestyle shall complete an Intention to Swim Nomination Form and lodge it as directed in the program no later than 1hour prior to the scheduled start of that particular event, regardless of the number of entries. Failure to nominate will result in a competitor being excluded from that swim. Competitors who indicate their intention to swim and then withdraw shall be subject to a fine of \$100.00.
- (2) For timed final and heat events using the no marshalling rule – competitors shall be deemed to have withdrawn if they are not present at the starting block at the blast of the first whistle by the Referee.
- (3) For final events using the no marshalling rule – competitors shall be deemed to have withdrawn if they are not present at the blocks when the competitor/team is introduced.
- (4) For events using the marshalling rule - any entrant who fails to report to the Marshalling area at least ten minutes prior to the Scheduled time for the start of the session on that day if entered in the first or second events, or at the time of the start of an event at least two events prior to the event in which they are entered shall be deemed to be withdrawn. All heats in an event (including heats of the 800 metres and 1500 metre freestyle) shall be deemed to be one event for the purpose of this Rule.
- (5) In all competitions, finalists, semi-finalists and all reserves up to and including thirtieth place (30th) wishing to be withdrawn from a semi-final or final shall do so in writing and signed by the competitor or his/her authorised representative within 30 minutes following the posting of the results for that event.
- (6) An entrant not having withdrawn as hereinbefore provided who does not compete in the event, shall be deemed a late withdrawal except where there are medical reasons or proven hardship and the Association with which the entrant is registered shall be fined the sum of \$100.00. The Referee and/or General Manager shall determine the acceptability on all matters where medical reasons or hardships are claimed and his determination shall be final.
- (7) The marshalling rule (EBL 22) shall be used for the South Australian Short Course Relay Championships.

EBL 23-ELIGIBILITY TO ACHIEVE A SWIM IN A FINAL & ACHIEVE A PRIZE

EBL 23.1-CHAMPIONSHIP FINALS

- (1) A maximum of two swimmers who are visitors are able to compete in the final of all events at the South Australian State and Country Championships.
- (2) All swimmers must achieve the championship event qualifying time to compete in a final.

EBL 23.2-PLACING FOR MULTI-CLASS EVENTS

Placings will be determined from the Multi Class Point Score System.
Highest point scoring swimmers will be declared the winner of the event.

EBL 23.3-STATE CHAMPIONSHIPS

The winner, second, and third place-getters in each Championship event shall receive a Medallion of special design. The first medallion shall be of gold colour, the second medallion shall be of silver colour and the third of bronze colour. Further to this the first three South Australian registered swimmers shall be awarded Gold (1st SA Swimmer), Silver (2nd SA Swimmer) & Bronze (3rd SA Swimmer) medals. No medal shall be awarded if the place-getter fails to achieve the qualifying time set for the event or is disqualified.

The fastest swimmer eligible to represent South Australia to finish in each championship shall receive the title of "South Australian Champion". In the event of any swimmer who is not eligible to represent South Australia gaining 1st, 2nd or 3rd place, a medallion shall be awarded similar to that given by SwimmingSA to any eligible swimmer gaining such a place.

Points are awarded to finalists who achieve qualifying time. A finalist ribbon will be available for 4th-8th place finalists who achieve qualifying time and are not disqualified and are aged 13 or under.

EBL 23.4-COUNTRY CHAMPIONSHIPS

The winner, second, and third place-getters in each Championship event shall receive a Medallion of special design. The first medallion shall be of gold colour, the second medallion shall be of silver colour and the third of bronze colour. Further to this the first three Country South Australian registered swimmers shall be awarded Gold (1st SA Swimmer), Silver (2nd SA Swimmer) & Bronze (3rd SA Swimmer) medals. No medal shall be awarded if the place-getter fails to achieve the standard time set for the event or is disqualified.

The first Country Swimmer eligible to represent South Australia to finish in each championship shall receive the title of "South Australian Country Champion". In the event of any swimmer who is not eligible to represent South Australia gaining 1st, 2nd or 3rd place, a medallion shall be awarded similar to that given by SwimmingSA to any eligible swimmer gaining such a place.

Points are awarded to finalists who achieve qualifying time. A cloth finalist badge will be presented to all finalists who achieve qualifying time and are not disqualified.

EBL 23.5-DIVISION 1 & A-GRADE

Eligible athletes will accumulate points towards the club pennants in the following age groups: 13yr&Under, 14 yr, 15 yr, 16yr, 17/18yr and 19yr & Over. Top 8 athletes must achieve the qualifying time to be awarded points.

EBL 23.6-DIVISION 2

1st, 2nd or 3rd prizes will be awarded at the conclusion of the series for both male and female competitors scoring most points in age groups 12yr, 13yr, 14yr, 15yr, 16yr, 17/18yr & 19&Over. 1st, 2nd or 3rd prizes will be awarded to the highest male and female point scorers in the multi-class events.

Competitors who achieve a *break time* will retain their current Division 2 points; this will include any swim where they have achieved a *break time*. Swimmers, who have achieved a *break time* will from that point on, be ineligible to enter that distance and stroke at any Division 2 competition.

Swimmers who have achieved a *break time* are eligible to swim at Division 1 meets for the stroke and distance for which they have achieved a Division 1 qualifying time.

EBL 23.7-11&U JX

1st, 2nd or 3rd prizes will be awarded at the conclusion of each event for both male and female competitors who achieve the relevant JX Standard time in the following age groups: 8&U, 9 yr, 10 yr & 11 yr.

EBL 23.8-13&U PENTATHLON

1st, 2nd or 3rd prizes will be awarded at the conclusion of the meet for both male and female competitors in the following age groups: 8&U, 9 yr, 10 yr, 11 yr, 12yr & 13yr.

EBL 24-RECORDS

SwimmingSA shall recognise age and open records in events, which are included on the programme. (Refer to SSA Swimming Rule SW 12 for further detail)

EBL 25-RELAYS

Non Australian Citizens who are registered with a State Association may compete in relays and score points.

A list of swimmers (up to eight) intending to swim in relays must be provided at the time of nominations. In heats, timed finals and final relay events, the final names of the swimmers and the order in which they are to swim shall be submitted in writing to the Chief Recorder or their representative 30 minutes prior to the commencement of the session at which such heats, timed finals or finals are to be swum.

In Club relay events any number of teams from one (1) Club may contest the event. However no more than two (2) teams from one Club shall contest the final of an event (where heats and finals are to be conducted); and only one (1) team can score points and receive medals.

The composition of a relay team may be changed between heats and finals provided however that when a club enters more than one (1) relay team in an event, swimmers may not be interchanged between the teams. (See also SW10.12)

Swimmers may only swim for their Club once in one of each of the following Open events:

4x50 medley relay	4x100 medley relay	4x200 freestyle relay
4x50 freestyle relay	4x100 freestyle relay	

A swimmer may also swim in one age category in each of the following events:

4x50 medley relay	4x100 medley relay	4x200 freestyle relay
4x50 freestyle relay	4x100 freestyle relay	

The purpose of this is:

- a) to ensure that a swimmer is not permitted to swim in one event twice e.g. a swimmer cannot swim in heat 1 and heat 4 of the same event.
- b) to ensure that a swimmer does not swim in two age groups in the same event e.g. cannot swim both the 13 & under 4x50 freestyle and a 15 & under 4x50 freestyle. A swimmer may however swim in one age group event and one open event for the same style and distance.

EBL 26-POINTSCORING & PERPETUAL TROPHIES

EBL 26.1-POINT SCORE

For the purpose of determining Awards based upon **Point's Accumulation** the representatives of the Club gaining places shall be awarded the following points:

Individual Events		Relays	
1st	10 points	1st	20 points
2nd	9 points	2nd	18 points
3rd	8 points	3rd	16 points
4th	7 points	4th	14 points
5th	6 points	5th	12 points
6th	5 points	6th	10 points
7th	4 points	7th	8 points
8th	3 points	8th	6 points
9th	2 points	9th	4 points
10th	1 point	10th	2 points

If a visitor is placed in an event they shall score the same points as if a SwimmingSA registered swimmer had achieved this place. I.E. No swimmer in the top 8 will need to have their points adjusted.

Points shall only be awarded to swimmers or teams. For State and Country Championships, Division 1 & A-Grade Competitions swimmers must achieve the qualifying time at the event for points to be awarded.

Note: 1 bonus point will be awarded for breaking a State or Australian Record (in addition to the above allocations) when calculating the winner of the SwimmingSA Inc Development Committee Trophies - Age Swimmer of the Meet. If needed a count back will take place utilising individual event placings.

EBL 26.2-PERPETUAL TROPHIES & PENNANTS

EBL 26.2.1-PERPETUAL TROPHIES – CLUB OF THE YEAR

- CLUB OF THE YEAR TROPHY - Club judged by Chairman

EBL 26.2.2-PERPETUAL TROPHIES – AUSTRALIAN CHAMPIONSHIPS

- JEAN E URRY PERPETUAL TROPHY - Best individual performance at the Aust. Championships (LC)

EBL 26.2.3-PERPETUAL TROPHIES – STATE LONG COURSE CHAMPIONSHIPS

- BARRY DUHNE TROPHY - Winner Men's 50m Freestyle, State Open Championships
- BRIDGLAND SHIELD - Winner Women's 1500m Freestyle, State Open Championships
- BRIDGLAND TROPHY - Winner Men's 1500m Freestyle, State Open Championships
- BROOMFIELD CUP - Winner Men's 200m Breaststroke, State Open Championships
- HARRY EATON CUP - Best performance at State Championships (% of SA Record)
- GAVIN COUSINS TROPHY - Winner Men's 200m Butterfly at State Open Championships
- HENLEY SURF TROPHY - Winner Men's 400m Freestyle at State Open Championships
- H.H.B. IVE TROPHY - Winner Men's Open 4 x 100m Freestyle Team, State Open Championships
- IRELAND TROPHY - Winner Men's Open Freestyle 800m at State Open Championships
- LEAHY SHIELD - Winner Female 18 & Under 4 x 50m Freestyle at Open State Championships
- MAJOR MEMORIAL CUP - Winner Men's 100m Freestyle at State Open Championships
- MEDLEY CUP - Winner Women's Open 4 x 100m Medley Teams, State Open Championships
- MELVA CLIFTON TROPHY - Winner Women's 200m Butterfly, State Open Championships
- MENZ SHIELD - Winner Women's Open 4 x 100m Freestyle Relay at State Open Championships
- NORTON CUP - Winner Women's 100m Freestyle at State Open Championships
- NORWOOD 100M BACKSTROKE TROPHIES - Winner Women's 100m Backstroke at State Open Championships
- NORWOOD 200M BACKSTROKE TROPHIES - Winner Women's 200m Backstroke at State Open Championships
- SARAH RYAN TROPHY - Fastest Female 50m Freestyle Swimmer at State Open Championships
- SIMSMETAL TROPHY - Winner Men's Open 4 x 100m Medley Teams at State Open Championships
- STEVENSON SHIELD - Winner Male 18 & Under 4 x 50m Freestyle at State Championships
- STEWART TROPHY - Winner Men's 400m Medley at State Open Championships
- SWIMMINGSA CHAMPIONSHIP SHIELD - Club gaining most points at State Age and Open LC Championships
- SWIMMINGSA DEVELOPMENT TROPHY - Female Age Swimmer of the Meet - State LC Championships (Points Gained)
- SWIMMINGSA DEVELOPMENT TROPHY - Male Age Swimmer of the Meet - State LC Championships (Points Gained)
- THORA PRISK TROPHY - Winner Women's 400m Medley at Open Championships
- VAN ANTON SHIELD - Winner Men's 4 x 200m Freestyle Relay at Open Championships
- WAITE CUP – Most Outstanding Breaststroke Performance at State Long Course Championships by a SA Swimmer (% SA Record)

EBL 26.2.4-PERPETUAL TROPHIES – STATE SHORT COURSE CHAMPIONSHIPS

- BAYSIDE AQUATIC SHIELD - Highest Point Score in Individual Events at State SC Championships
- BEAUREPAIRE SHIELD – Awarded to Club gaining most points in State Teams Championships
- MAIDSTONE TROPHY - Best Female Performance at State Short Course Championships (% SA Record)
- PRESIDENT'S TROPHY - Best Male Performance at Winter Short Course Championships (% SA Record)
- SWIMMINGSA DEVELOPMENT TROPHY - Female Age Swimmer of the Meet - State LC Championships (Points Gained)
- SWIMMINGSA DEVELOPMENT TROPHY - Male Age Swimmer of the Meet - State LC Championships (Points Gained)

EBL 26.2.5-PERPETUAL TROPHIES – COUNTRY LONG COURSE CHAMPIONSHIPS

- BOWEN PAIN TROPHY - Best Female 12/13 at Country Championships (Most Points Gained)
- BRAENDLER TROPHY - Best Female 11/U at Country Championships (Most Points Gained)
- BRYANT TROPHY - Best Male 11/U at Country Championships (Most Points Gained)
- FAIRWEATHER TROPHY - Best female 14/15 at Country Championships (Most Points Gained)
- FAUX TROPHY – Fastest Women's 4 x 100m Medley Relay at Country Championships
- KLIEVE TROPHY - Best Male 12/13 at Country Championships (Most Points Gained)
- KRUEGER TROPHY - Best Open Female at Country Championships (Most Points Gained)
- JEWASKIEWITZ TROPHY – Fastest Men's 4 x 100m Medley Relay at Country Championships
- KASSEBAUM TROPHY - Winner Men's 100m Freestyle at Country Championships
- MASHFORD TROPHY - Winner Men's 100m Butterfly at Country Championships
- MCKINNON TROPHY - Best male 16-18 at Country Championships (Most Points Gained)
- PAPPLE TROPHY - Best Female 16-18 at Country Championships (Most Points Gained)
- RACHEL COWAN MEMORIAL TROPHY - Fastest Female 400m Freestyle Swimmer at Country Championships

- R. ROGERS TROPHY - Best Male 14/15 Yrs Country Championships (Most Points Gained)
- CITY OF WHYALLA Trophy – Fastest Women’s 4 x 100m Freestyle Relay at Country Championships
- SEYFANG TROPHY - Best Open Male at Country Championships (Most Points Gained)
- SWIMMING SA COUNTRY CHAMPIONSHIPS SHIELD - Club scoring most points at Country Championships
- SWIMMINGSA DEVELOPMENT TROPHY - Female Swimmer of the Meet – Country Championships (% SA Country All-Comers Record)
- SWIMMINGSA DEVELOPMENT TROPHY - Male Swimmer of the Meet - State LC Championships (% SA Country All-Comers Record)
- VAN KEULEN TROPHY - Fastest Female 100m Freestyle Swimmer at Country Championships

EBL 26.2.6-PERPETUAL TROPHIES & PENNANTS – WINTER DIVISION COMPETITIONS

- ROYAL LIFE SAVING SOCIETY TROPHY - Most points in Handicap Team Events, Division 2
- Pennant-Highest Points score for each of the Division 1, Division 2 and 11/Under Series
- Pennant-Highest Points score Overall Winter Series
- Pennant-Highest Points score Overall Handicap Winter Series

EBL 26.2.7-PERPETUAL TROPHIES – OPEN CARNIVALS

- DALTON CUP – Club gaining most points in Open Carnivals
- GYNELL TROPHY - Country Club with most points in Open Country Carnivals
- HERRAMAN TROPHY – Club scoring Most points in Male events at Open Carnivals
- LAUREL SHIELDS MEMORIAL SHIELD – Club scoring the Most points in Female events at Open Carnivals

EBL 26.2.8-PERPETUAL TROPHIES – JUNIOR SPRINTS COMPETITION

- AITCHISON SHIELD - Primary School gaining most points at Junior Sprints Competition.
- JOAN SPARNON SHIELD - Secondary School gaining most points at Junior Sprints Competition

EBL 26.2.9-PERPETUAL TROPHIES – SCHOOL TEAMS CHAMPIONSHIPS

- AUNGER SHIELD – Winner Girls Year 10, 11 and 12 4 x 50m Medley Relay, School Team Championships
- BARRETT SHIELD - Winner Girls Year 8 and 9 4 x 50m Freestyle Relay at School Teams Championships
- BROWN TROPHY - Winner Girl’s Year 8 and 9 4 x 50m Medley Relay, School Teams Championships
- CLOUSTON SHIELD - Winner Boy’s Year 8 and 9 4 x 50m Medley Relay, School Teams Championships
- GOSSE SHIELD - Winner Boys Year 10, 11 and 12 4 x 50m Freestyle Relay at School Teams Champs
- GOSSE TROPHY - Winner Boys Year 8 and 9 4 x 50m Freestyle Relay at School Teams Championships
- HASELGROVE SHIELD - Winner Girls Years 10 -12 4 x 50m Freestyle Relay at School Teams Champs
- HENDRY TROPHY - Winner Boys Year 7/Under 4 x 50m Freestyle Relay at School Teams Championships
- HUDSON TROPHY – Winner Boys Year 7/Under 4 x 50m Medley Relay at School Teams Championships
- MOON SHIELD - Winner Boys Year 10, 11 and 12 4 x 50m Medley Relay, School Teams Championships
- PALMER TROPHY - Winner Girl’s Year 7/Under 4 x 50m Medley Relay, School Teams Championships
- PATTINSON CUP - Winner Girls Year 7/Under 4 x 50m Freestyle Relay, School Teams Championships

For the purpose of determining Awards based upon **Record Percentage** the representatives of the Club shall be adjudged by:

Harry Eaton & Waite Cups:

$$\frac{\text{South Australian Record LC (SAR – at the start of the meet)} \times 100}{\text{Swim Time}}$$

President’s & Maidstone Trophies:

$$\frac{\text{South Australian Record SC (SAR – at the start of the meet)} \times 100}{\text{Swim Time}}$$

SwimmingSA Development (Country Champs) Trophies:

$$\frac{\text{South Australian Country Record LC (SAR – at the start of the meet)} \times 100}{\text{Swim Time}}$$

In each case the swimmer with the highest percentage from these calculations is the winner

SAL CBL 27 – Included elsewhere: See EBL 23 (Points only awarded if Qualifying Time is achieved)

SAL CBL 28 – Included elsewhere: See EBL 26 (Points allocation for Trophies)

SAL CBL 29 – Included elsewhere: See EBL 13 (Jury of Appeal)

EBL 30-LATE DISQUALIFICATION

Where a competitor who competed in a final is disqualified for any reason, including medical control, the position he would have held shall be awarded to the competitor who finished next and all the lower placing swimmers in the final shall be advanced one place. If the disqualification occurs after the presentation of awards, the awards shall be returned and given to the appropriate swimmers applying the aforesaid provisions.

EBL 31-ADVERTISING

At SwimmingSA events, competing clubs and athletes must observe the following regarding advertising on clothing and equipment. Clubs and athletes should note that CBL31 is based on the FINA General Rule GR6 and FINA By-Law 7.

(1) Swimwear

Identification in the form of:

- one manufacturer's logo/name/insignia of a maximum size of 30 square centimetres is permitted. Where one-piece body suits are used, two manufacturer's logos/names/insignia shall be permitted, one above the waist and one below the waist of a maximum size of 30 square centimetres each when worn. These manufacturer's logos/name/insignia shall not be placed immediately adjacent to each other. Where two-piece body suits are used, the two logos/names/insignia of the manufacturer shall be placed on one part each.
- One sponsor's logo/name/insignia of a maximum of 30 square centimetres when worn.

The name and the logo of the club/state or SAL Sponsor of the competitor shall not be regarded as advertisements.

(2) Pool Deck Equipment

All pool deck clothing, including those items listed below may carry two logos/names/insignia (one of the manufacturer and one of the sponsor) each with a maximum size of 440 square centimetres.

All accessories and equipment items listed below may carry two logos/names/insignia (one of the manufacturer and the other one of the sponsor) each with a maximum size of 6 square centimetres.

1. TT-shirt, polo, casual shirt, jumper, tracksuit top (40 square centimetres)
 2. Bathrobe, deck coat (400 square centimetres)
 3. Pants, shorts, skirts (400 square centimetres)
 4. Towels (6 square centimetres)
 5. Caps, hats, socks, footwear ((6 square centimetres)
 6. Bags (not greater than 10% of the surface area of the item, to a maximum of 660 square centimetres)
- For upper-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip in one of the following positions:

- a) around the bottom of both sleeves; or
- b) centred down the outer seam of both sleeves (from the collar across the top of the shoulders down to the bottom of the sleeve).

For lower-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip centred down the outer seam of both legs (from the waistband down to the bottom of the leg).

The name and the logo of the club/state or SAL sponsor of the competitor shall not be regarded as advertisements.

(3) Caps

Club/state caps may carry:

- one manufacturer's logo of a maximum of 20 square centimetres (**when the cap is not being worn**)
- one sponsor name/logo/insignia not exceeding 20 square centimetres.
-

The name and the flag/logo of the club/state or SAL sponsor of the competitor shall not be regarded as advertisements.

(4) Goggles

Two (2) manufacturer logos of maximum 6 square centimetres are allowed on goggles but only on the spectacle frame or band.

(5) Body advertisement is not allowed in any way whatsoever.

(6) Advertising for tobacco or alcohol is not permitted.

(7) This rule does not apply to design advertising and trademarks of SAL, SSA or its commercial sponsors, or the design advertising and trademarks of the major sponsor of the State Association so long as this does not conflict with a sponsor of SAL.

(8) Any advertising logos/identifications, which are not indicated in EBL19 are not permitted. In the event that any apparel contravenes these regulations, the club/competitor must immediately remove the item/s and replace it with apparel, which complies with these regulations.

(9) SSA reserves the right to:

- a) request clubs/states/competitors to present any apparel for inspection and approval prior to the commencement of the event.
- b) use athlete bibs to identify athletes and/or their lane numbers at its events.

EBL 32-STRAPPING/TAPING

Strapping or taping on swimmers is forbidden. Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage.

EBL 33-SKINS EVENTS PROTOCOLS

From time to time SwimmingSA may conduct SKINS Events.

There is no rule that swimmers must swim to their best in any heats which will lead to a result in Skins. A rule for "swimming out" only applies to handicap events. Indeed in skins it is quite common for the fastest swimmers to save themselves in the first heat or two.

Each event program will designate the format the SKINS will be conducted in for that particular event.

SKINS EVENT PROCEDURES

Club meet Directors - Please make sure you have made it very clear to all, whether there are to be prizes for the top 3 or only the winner. Also make sure that the way the contestants are to be decided is clearly stated in the description of the meet. If this is not so, then Meet Director and Referee should work out a solution prior to the start of the meet and make sure the information is broadcast to all swimmers, team managers and officials.

Race Structure

It is suggested that 3 or 4 heats are the best way to arrive at a result.

E.g. In an eight lane pool with prizes for the best three.

In the first heat remove the slowest 3 swimmers. In the second heat remove the slowest 2 swimmers.

This leaves 3 swimmers to fight out the 3rd heat where the fastest swimmer gets first prize and the second fastest swimmer gets 2nd prize etc.

Or

A similar result can be achieved by removing the slowest 2 in the first heat, then the slowest 2 in the second heat. In the next heat remove the slowest swimmer only - leaving 3 swimmers to fight out the 4th heat.

If there is to be only one prize then similar arrangements can be made with usually 3 swimmers fighting it out in the last heat - the winner of this heat receives the prize.

EBL 34-SPLIT TIMES

At all events held at the SA Aquatic and Leisure Centre, the following procedures apply for split times:

- (1) Referees will only accept split time requests for all backstroke swims.
- (2) All other swims/splits required not mentioned in EBL 22 (1) will be automatically collated through the AOE

- (3) For athletes wishing to achieve split times for events noted in EBL 22 (1), a blue form will need to be handed to the Referee at least 30 minutes before the start of the session

EBL 35-OFFICIALS

All Officials at SwimmingSA meets are expected to remain at their stations for the whole session until the completion of the last presentations.

EBL 36-TIME TRIAL PROCEDURE

Please find below the current time trial procedure. The aim of this procedure is to allow swimmers an extra chance to achieve National Qualifying times.

A time trial is possible when the swimmer's time for any stroke is within National Qualifying times by:

.5 secs for 50 m, 1 sec for 100 m, 2 secs for 200 m, 4 secs for 400, 800 or 1500m

- 1) Time trials only available at A Grade (LC) and Division 1 (SC) Meets that are the last such meet prior to the closing date of the respective National Championships.
- 2) The swim must be one of the events in the session and the candidate for the Time Trial must enter and swim that event.
- 3) After the posting of results for that race the candidate has 30 minutes to apply for a time trial if their swim time satisfies the criteria and is not a qualifying time.
- 4) If the swim is in the last 4 events of the session the candidate needs to make a provisional application for the time trial before the start of the 4th last event and have their entry time satisfy the criteria. If the swim time is equal to or faster than the entry time and not a qualifying time the application proceeds: otherwise it lapses.

SWIMMING RULES FOR THE CONDUCT OF SWIMMINGSA EVENTS

January 2011

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These rules shall apply to all meets conducted in South Australia.

NOTE: The Alpha notation after a SW Rule number indicates a modification to a FINA Rule or the addition of an applicable Swimming Australia or SwimmingSA rule.

SWS = SwimmingSA Change to SAL or FINA Rule

ASW = Swimming Australia Change to FINA Rule

NOTE: The MC rule number indicates the addition of an applicable IPC rule or the addition of or modification to an applicable SAL rule relating to Multi Class competition for classified swimmers with disability. Applicable IPC rules are referenced with the corresponding IPC rule number according to the IPC Swimming Rules and Regulations 2010.

SW 1 MANAGEMENT OF COMPETITIONS

SWS 1.1 The Meet Director appointed by SwimmingSA shall have jurisdiction over all matters not assigned by the Rules to the Referee, Judges or other officials and shall have power to postpone events and give directions consistent with the rules adopted for conducting any event.

The Meet Director shall

- Mark off officials as present prior to the commencement of the meet and liaise with the referee to fill vacancies or reassign officials.
- Ensure all pool equipment is in place.
- Ensure that the decisions of the controlling body responsible for the conduct of the meet (not within the jurisdiction of the Referee) are carried out and performed.
- Ensure the smooth operation of the meet.
- Ensure that drinks are distributed to officials during the meet

SSW 1.2 For all swimming events conducted by SwimmingSA, the following minimum number of Technical Officials is considered desirable for the control of the competitions:

Referee.....	2
Judges of Stroke.....	2
Starters.....	1
Check Starters.....	1
Chief Inspectors of Turns: (Where possible the CIOT should be in addition to the IOT's)	1
Inspectors of Turns (For Record requirements see SSW 12.4.4).....	4
Chief timekeeper	1
Timekeepers – per lane.....	3
Reserve Timekeepers	2
Chief Recorder	1
Recorders (as required).....	1
Presentation Officers (as required).....	1
Announcer	1
Operators – Automatic Officiating Equipment	1

ASW 1.2 For meets conducted by affiliated Members the same or fewer number of technical officials may be appointed, where appropriate.

ASW 1.2 Where Automatic and Semi-Automatic Officiating Equipment is not available such equipment must be replaced by a Chief Timekeeper, three (3) Timekeepers per lane, each with digital watch.

SW1.3 The swimming pool and the technical equipment for Olympic Games and World championships shall be inspected and approved in due course prior to the Swimming competitions by the FINA Delegate together with a member of the SAL Technical Swimming Committee

SW1.4 Where underwater video equipment is used by television, the equipment must be operated by remote control and shall not obstruct the vision or path of swimmers and must not change the configuration of the pool or obscure the required FINA markings.

- SW 2 OFFICIALS**
- SW 2.1 Referee**
- ASW 2.1.1** The Referee shall have full control and authority over all officials, approve their assignments, and instruct them regarding all special features or regulations related to the competitions. They shall enforce all rules and decisions of FINA, Swimming Australia and SwimmingSA and shall decide all questions relating to the actual conduct of the meet, the event or the competition, the final settlement of which is not otherwise covered by the rules.
- ASW 2.1.2** The Referee may intervene in the competition at any stage to ensure that the FINA, Swimming Australia and SwimmingSA regulations are observed, and shall adjudicate all protests related to the competition in progress.
- SW 2.1.3** When using finish judges without three (3) digital watches, the referee shall determine placing where necessary. Automatic Officiating Equipment, if available and operating, shall be consulted as stated in SW13.
- SW 2.1.4** The Referee shall ensure that all necessary officials are in their respective posts for the conduct of the competition. They may appoint substitutes for any who are absent, incapable of acting or found to be inefficient. They may appoint additional officials if considered necessary.
- SW 2.1.5** At the commencement of each event, the Referee shall signal to the swimmers by a short series of whistles inviting them to remove all clothing except for swimwear, followed by a long whistle indicating that they should take their positions on the starting platform (or for backstroke swimming and medley relays to immediately enter the water). A second long whistle shall bring the backstroke and medley relay swimmer immediately to the starting position. When the swimmers and officials are prepared for the start, the Referee shall gesture to the Starter with a stretched out arm, indicating that the swimmers are under the Starter's control. The stretched out arm shall stay in that position until the start is given.
- SW 2.1.6** The Referee shall disqualify any swimmer for any violation of the rules that they personally observe. The referee may also disqualify any swimmer for any violation reported by other authorised officials. All disqualifications are subject to the decision of the referee.
- MC 2.1** The referee is responsible for obtaining and implementing the rule exceptions for swimmers with disability competing in the competition.
- ASW 2.1.7** The Referee shall have the authority to commence a race prior to the swimmers in the previous race leaving the water.
- ASW 2.1.8** Sign record application forms for records broken at that meet, forms must have been completed at the meet to signify that the necessary requirements have been met.
- SW 2.2 Control-room Supervisor/Chief Recorder**
- SW 2.2.1** The supervisors shall supervise the automatic timing operation including the review of backup timing cameras (if applicable).
- ASW 2.2.2** The supervisor is responsible for checking the results.
- SW 2.2.3** The supervisor is responsible for checking the relay exchange printout and reporting any early takeoffs to the referee.
- SW 2.2.4** The supervisor may review the video used for backup timing to confirm early takeoff.
- SW 2.2.5** The supervisor shall control withdrawals after the heats or finals, enter results on official forms, list all new records established, and maintain scores where appropriate.

- ASW2.2.6** Compilation and distribution of heat and lane allocation arranging for collection and distribution of other documents as required
- ASW2.2.7** Compilation of the list of competitors for the various levels of the event including semi-finals and finals.
- SW 2.3** **Starter**
- SW 2.3.1** The Starter shall have full control of the swimmers from the time the Referee turns the swimmers over to him (SW 2.1.5.) until the race has commenced. The start shall be given in accordance with SW 4.
- SW 2.3.2** The Starter shall report a swimmer to the Referee for delaying the start, for wilfully disobeying an order or for any other misconduct taking place at the start, but only the Referee may disqualify a swimmer for such delay, wilful disobedience or misconduct. Such disqualification shall not be counted as a false start.
- SW 2.3.3** The starter shall have power to decide whether the start is fair, subject only to the decision of the Referee.
- SW 2.3.4** When starting an event, the starter shall stand on the side of the pool within approximately five metres of the starting edge of the pool where the timekeepers can see and or hear the starting signal and the swimmers can hear the signal.
- ASW 2.4** **Clerks of Course /Marshal**
- ASW 2.4.1** The Clerks of Course shall assemble swimmers prior to the event.
- ASW 2.4.2** The clerk of course shall report to the referee any violation noted in regard to advertising (GR 6) and if a swimmer is not present when called.
- SW 2.5** **Chief Inspector of Turns**
- SW 2.5.1** The chief inspector of turns shall ensure that inspectors of turns fulfil their duties during the competition.
- SW 2.5.2** The Chief Inspectors of Turns shall receive the reports from the Inspectors of Turns if any infringement occurs and shall present them to the Referee immediately.
- SW 2.6** **Inspectors of Turns**
- SSW 2.6.1** A minimum of four inspectors of Turns shall be assigned to the non finish end of a 10-lane pool. (See also SSW 12.4.4.)
- ASW 2.6.2** Each Inspector of Turns shall ensure that swimmers comply with the relevant rules for turning, commencing from the beginning of the last armstroke before touching and ending with the completion of the first armstroke after turning. The Inspector of Turns at the starting end of the pool, shall ensure that the swimmers comply with the relevant rules from the start and ending with completion of the first armstroke (If available). The inspectors of turns at the finish end of the pool shall also ensure that swimmers finish their race according to the current rules.
- SW 2.6.3** In individual events of 800 and 1500 metres, each Inspector of Turns at the turning end of the pool shall record the number of laps completed by the swimmer in his lane and keep the swimmer informed of the remaining number of laps to be completed by displaying "lap cards". Semi electronic equipment may be used, including under water display.
- ASW 2.6.4** Each Inspector at the starting end shall give a warning signal when the swimmer in his lane has two lengths plus five (5) metres to swim to finish in individual events of 800 and 1500 metres. The signal may be repeated after the turn until the swimmer has reached the five (5) metres mark on the lane rope (If available otherwise, the referee shall perform this task). The warning signal may be by whistle or bell.

- MC 2.2** For swimmers with a hearing impairment the inspector of turns shall use a visual cue to indicate to the swimmer that they have two lengths to swim to finish in individual events of 800 and 1500m. (IPC 2.2.7.4.1)
- MC 2.3** For swimmers with hearing and visual impairment, the inspector of turns shall notify the tapper 15m and two lengths before the completion of the 800 and 1500m events. It shall be the responsibility of the tapper to indicate to the swimmer that they are commencing the final two lengths. (IPC 2.2.7.4.2)
- ASW 2.6.5** Each Inspector at the starting end shall determine, in relay events, whether the starting swimmer is in contact with the starting platform when the preceding swimmer touches the starting wall (If available otherwise, the referee shall perform this task). When Automatic Equipment which judges relay take-offs is available, it shall be used in accordance with SW 13.1.
- SW 2.6.6** Inspectors of turns shall report any violation on signed cards detailing the event, lane number and the infringement delivered to the chief inspector of turns who shall immediately convey the report to the referee.
- SW 2.7.**
SW 2.7.1 **Judges of Stroke**
Judges of stroke shall be located on each side of the pool.
- SW 2.7.2** Each Judge of Stroke shall ensure that the rules related to the style of swimming designated for the event are being observed, and shall observe the turns to assist the Inspectors of Turns.
- SW 2.7.3** Judges of stroke shall report any violation to the referee on signed cards detailing the event, lane number and the infringement.
- SW 2.8**
ASW 2.8.1 **Chief Timekeeper**
The chief timekeeper shall assign the seating positions for all timekeepers and the lanes for which they are responsible. There shall be three (3) timekeepers for each lane. If Automatic Officiating Equipment is not used there shall be two (2) additional timekeepers designated, either of whom shall be directed to replace a timekeeper whose watch did not start or stopped during an event, or who for any other reason is not able to record the time. When using three (3) digital watches per lane, final time and place is determined by the middle time.
- SW 2.8.2** The chief timekeeper shall collect from the timekeepers in each lane a card showing the time recorded and, if necessary, inspect their watches.
- SW 2.8.3** The chief timekeeper shall record or examine the official time on the card for each lane.
- SW 2.9**
ASW 2.9.1 **Timekeepers**
Each timekeeper shall take the time of the swimmers in the lane assigned to him in accordance with SW 11.3. The watches shall be certified correct to the satisfaction of the Management.
- SW 2.9.2** Each timekeeper shall start their watch at the starting signal, and shall stop it when the swimmer in their lane has completed the race. Timekeepers may be instructed by the chief timekeeper to record times at intermediate distances in races longer than 100 metres.
- SW 2.9.3** Promptly after the race, the timekeepers in each lane shall record the times of their watches or Did not Start/Did not Finish on the card, give them to the chief timekeeper, and if requested present their watches for inspection. Their watch watches must be cleared at the short whistle of the Referee announcing the following race.
- SW 2.9.4** Unless a video backup system is used, it may be necessary to use the full complement of timekeepers even when Automatic Officiating Equipment is used.
- ASW 2.10** **Chief Finish Judge**
Deleted

- ASW 2.11** **Finish Judges**
Deleted
- ASW 2.12** **Desk Control**
Deleted
- SW 2.13** **Officials' Decision Making**
SW 2.13.1 Officials shall make their decision autonomously and independently of each other unless otherwise provided in the Swimming Rules.
- ASW 2.14** **Check Starters**
ASW 2.14.1 The Check Starters shall receive the swimmers from the Clerks of Course/Marshal and direct them to their starting positions in heats and finals.
- ASW 2.14.2** In cases where a marshal is not used, inform the referee of any withdraws which may involve amalgamation of heats in an event or inclusion of reserves.
- ASW 2.15** **Presentation Officers**
SW 2.15.1 At the direction of the Meet Manager the Presentation Officers are to prepare and conduct the placed swimmers for the presentation of awards, any other presentation that may be required and swimmers selected for media interviews.
- ASW 2.16** **Announcer**
ASW 2.16.1 The Announcer shall keep swimmers, officials and spectators informed in such a manner as to maintain a high level of interest in all aspects of the meet. All announcements shall be made at the direction of the Referee and Meet Manager or their authorised representative.
- ASW 2.17** **Press Steward**
Deleted
- ASW 2.18** **A.O.E. Operators**
The A.O.E. Operators shall operate the automatic timing and judging equipment at the direction of the Referee, provided the times and placing's recorded by the equipment and inform the Control Room Supervisor/Chief Recorder of any recording malfunction.
- SW 3** **SEEDING OF HEATS, TIMED FINALS SEMI-FINALS AND FINALS**
3.A The starting positions for all events, heats, timed finals, semi-finals and finals at all meets conducted in South Australia shall be by seeding as follows:
- SW 3.1** **Heats**
ASW 3.1.1 The best competitive times of all entrants from the first of January the year prior to the entry deadline of the competition shall be submitted on entry forms and listed in order of time by the Management. Swimmers who do not submit times shall be considered the slowest and shall be placed at the end of the list. The competition software shall determine placement of swimmers with identical times or of more than one swimmer without times where possible otherwise athletes shall be seeded alphabetically if this situation occurs.. Swimmers shall be placed in lanes according to the procedures set forth in SW 3.1.2. below. Swimmers shall be placed in trial heats according to submitted times in the following manner:
- SW 3.1.1.1** If one heat, it shall be seeded as a final and swum only during the final session.
- SW 3.1.1.2** If two heats, the fastest swimmer shall be seeded in the second heat, next fastest in the first heat, next fastest in the second heat, next in the first heat, etc. i.e. circle seeding.
- SW 3.1.1.3** If three heats, the fastest swimmer shall be placed in the third heat, next fastest in the second, next fastest in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat, and the sixth fastest in the first heat, the seventh fastest in the third heat, etc. i.e. circle seeding.

SW 3.1.1.4 If four or more heats, the last three heats of the event shall be seeded in accordance with SW 3.1.1.3. above. The heat preceding the last three heats shall consist of the next fastest swimmers; the heat preceding the last four heats shall consist of the next fastest swimmers, etc. Lanes shall be assigned in descending order of submitted times within each heat, in accordance with the pattern outlined in SW 3.1.2. below.

SW 3.1.1.5 Exception: When there are two or more heats in an event, there shall be a minimum of three swimmers seeded into any one preliminary heat, but subsequent scratches may reduce the number of swimmers in such heat to less than three.

SW 3.1.2 Except for 50 metres events in 50 metre pools, assignment of lanes shall be (number 1 lane being on the right side of the pool (O when using pools with 10 lanes) when facing the course from the starting end) by placing the fastest swimmer or team in the centre lane in pool with an odd number of lanes, or in lane 3 or 4 respectively in pools having 6 or 8 lanes. In pools using 10 lanes, the fastest swimmer shall be placed in lane 4. The swimmer having the next fastest time is to be placed on his left, then alternating the others to right and left in accordance with the submitted times. Swimmers with identical times shall be assigned their lane positions by draw within the aforesaid pattern.

SW 3.1.3 When 50 metre events are contested in 50 metre pools, the races may be swum, at the discretion of the SwimmingSA Board, either from the regular starting end to the turning end or from the turning end to the starting end, depending upon such factors as existence of adequate Automatic Equipment, starter's position, etc. The Management Committee should advise swimmers of their determination well before the start of the competition. Regardless of which way the race is swum, the swimmers shall be seeded in the same lanes in which they would be seeded if they were both starting and finishing at the starting end.

EXAMPLE: (Entrants Nos. 1 - 41 in numerical time order fastest to slowest)

LANE NO.	1	2	3	4	5	6	7	8
1st Heat	-	-	41	39	40	-	-	-
2nd Heat	-	37	35	33	34	36	38	-
3rd Heat	31	29	27	25	26	28	30	32
4th Heat	21	15	9	3	6	12	18	24
5th Heat	20	14	8	2	5	11	17	23
6th Heat	19	13	7	1	4	10	16	22

SW 3.2 Timed Finals, Semi-Finals and Finals

SW 3.2.1 In the **Semi Finals**, heats shall be assigned as in SW 3.1.1.2.

SW 3.2.2 Where no preliminary heats are necessary, lanes shall be assigned in accordance with SW 3.1.2 above. Where preliminary heats or **Semi-Finals** have been held, lanes shall be assigned as in SW 3.1.2 based, however, on times established in such heats.

SW 3.2.3 In the event that swimmers from the same or different heats have equal times registered to 1/100 second for either the eighth/tenth place or sixteenth/twentieth place depending on the use of 8 or 10 lanes, there shall be a swim-off to determine which swimmer shall advance to the appropriate finals. Such swim-offs shall take place not less than one hour after all involved swimmers have completed their heat. Another swim-off shall take place if equal times are registered again. If required a swim off will take place to determine 1st and 2nd reserve if equal times are recorded.

SW 3.2.4 Where one or more swimmers scratch from a **Semi Final** or **Final** event, substitutes will be called in order of classifications in heats or semi-finals. The event or events must be re-seeded and supplementary sheets must be issued detailing the changes or substitutions, as prescribed in SW 3.1.2.

SW 3.3 Deleted

ASW 3.4

Timed Finals

- a The fastest group of swimmers shall comprise the last heat, the next fastest the second last heat and so on until all swimmers have been assigned.
- b A heat shall comprise not less than three competitors unless there are insufficient starters.

Assignment of Lanes

- a The first heat shall be seeded in accordance with rule SW3.1.1.5
- b For all preceding heats, the assignment of lanes shall be by the swimmers slowest to fastest in order of lane numbers lowest to highest except where facilities exist to seed heats in accordance with rule SW3.1.2

Results

- a Competitors shall be placed in the order of the official times swum in the heats.

SSW 3.5

HANDICAP RACES

Assignment of Competitors to Heats

- a The slowest group of competitors shall comprise the first heat, the next slowest the second heat and so on until all swimmers have been assigned.
- b A heat shall comprise not less than 3 competitors unless there are insufficient starters.

Assignment of Lanes

- a Lanes shall be assigned by placing the swimmers slowest to fastest in order of lane numbers lowest to highest.
- b Swimmers with identical declared times shall be assigned their lanes or heats by draw by the Chief Recorder.

Assignment of 'GO' marks.

- a The slowest competitor for each race shall be assigned a 'GO' mark of 1 and the remainder of 'GO' marks shall be calculated according to the comparative declared times.

Determination of Placings for Heats, Semi-Finals and Finals.

- a The official placings of competitors who have not been disqualified shall be determined in order of the official watch times as recorded by the Timekeepers.

Progression to Quarter and/or Semi-Finals

- a Competitors contesting the quarter or semi-finals shall only be drawn from the first placegetters in the heats.

Progression to the Finals

- a Competitors to contest the finals shall be drawn firstly from the first place-getters in the semi-finals or heats. The second placegetters in the semi-finals, or heats, may also be included, providing all such second placegetters can be accommodated. Likewise for the third, fourth etc placegetters.
- b If, due to equal times in semi-finals or heats, there are more finalists than lanes available in the final, a swim off, conducted under handicap conditions shall be held between the equal winners of the semi-final or heat to determine who shall progress to the final.

Abandonment of Final

- a If competitors who would progress to a final are from the same semi-final or heat then the result of that semi-final or heat shall be regarded as the result of the event.

SW 4

THE START

SSW 4.1

All SwimmingSA endorsed events shall be conducted utilising a **1-Start** rule with the exception of all events that are designated as events for 10 years and under who shall be given a **2-Start** opportunity.

SW 4.1

The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive. On the long whistle (SW 2.1.5) from the Referee the swimmers shall step onto the starting platform and

remain there. On the Starter's command "Take your marks", they shall immediately take up a starting position with at least one foot at the front of the starting platforms. The position of the hands is not relevant. When all swimmers are stationary, the Starter shall give the starting signal.

- MC 3.1** For a swimmer with a visual impairment, on the long whistle from the referee the swimmer shall be permitted to orientate himself prior to the starters command 'take your marks'. (IPC 3.1.3.1)
- MC 3.2** The swimmer who has balance problems i.e. standing stationary, may have assistance to balance them self on the starting platform i.e. hold at the hips, hand, arm etc., by one support staff. Support staff may aid the swimmer to remain stationary at the start; however the support staff shall not allow the swimmer unfair advantage by being held beyond the 90 degrees vertical position on the starting platform. Giving momentum to the swimmer at the start is not permitted. (IPC 3.1.3.2)
- MC 3.3** A swimmer may be permitted to start beside the starting platform. (IPC 3.1.3.3)
- MC 3.4** A swimmer may be permitted to take up a sitting position on the starting platform. (IPC 3.1.3.4)
- MC 3.5** A swimmer may be permitted to start in the water but is required to have one hand in contact with the starting place until the starting signal is given. Standing in or on the gutter or on the bottom is prohibited. (IPC 3.1.3.5)
- MC 3.6** Sport Class 1-3 swimmers are permitted to have their foot/feet held to the wall until the starting signal is given. Giving momentum to the swimmer at the start is not permitted (IPC 3.1.3.6)
- MC 3.7** Where a swimmer is unable to grip the starting place in a water start, the swimmer may be assisted by a support staff and/or starting device. The device shall be cleared and deemed safe by the Technical Manager prior to the commencement of the competition. Giving momentum to the swimmer at the start is not permitted. The swimmer shall have some part of the body in contact with the wall until the starting signal is given. (IPC 3.1.3.7)
- MC 3.8** To prevent abrasion, one layer of towel, or the like, may be placed on the starting platform (IPC 3.1.3.8). The article shall not dramatically increase the height of the starting platform.
- MC 3.9** A Swimmer shall start in the water where this has been determined during classification (IPC 3.1.3.9)
- SW 4.2** The start in Backstroke and Medley Relay races shall be from the water. At the referee's first long whistle (SW 2.1.5), the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position (SW 6.1). When all swimmers have assumed their starting positions, the starter shall give the command "Take your marks". When all swimmers are stationary, the starter shall give the starting signal.
- MC 3.9** For swimmers with a visual impairment to ensure a satisfactory start for S11 swimmers, spectators shall be requested to remain silent until the swimmers have passed the false start rope. Noises created by hooters, whistles, etc. may be mistaken for the false start signal.
- SW 4.3** In Olympic Games, World Championships and other FINA events the command "Take your marks" shall be in English and the start shall be by multiple loudspeakers, mounted one at each starting platform.
- SW 4.4** Any swimmer starting before the starting signal has been given, shall be disqualified whilst considering rule **SW 4.1.A**. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) as per SW 2.1.5.
- ASW 4.5** The signal for a false start shall be the same as the starting signal but repeated along with dropping of the false start rope. Alternatively, if the Referee decides that the start is false shall blow his

whistle, which shall be followed by the starter's signal (repeated) and dropping of the false start rope.

ASW 4.6 If a competitor has been disqualified for misconduct at the start, or if a false start is created through an equipment malfunction it shall not be counted as a false start.

MC 3.10 In the case of a class 1-10 and class 14 swimmer who additionally is deaf, Support Staff shall be permitted to convey the starting signal to the competitor by the use of a non verbal instruction when no starting light is available. (IPC 3.1.7)

MC 3.11 In the case of a swimmer with a visual impairment who additionally is deaf, the person tapping shall be permitted to convey the starting signal to the competitor by the use of a non-verbal instruction. (IPC 3.1.8)

MC 3.12 In the case of a class 15 swimmer who is deaf, when no starting light is available the swimmer shall be permitted to have conveyed the starting signal by the use of a non-verbal instruction.

MC 4 Support Staff (IPC 2.15)

MC 4.1 Support Staff is any person designated by the team to assist an athlete logistically or with directional instructions. Support staff shall not coach the competitor when providing this assistance.

MC 4.2 Support Staff may be required to indicate to the swimmer with a visual impairment that they are approaching the end of the pool. This procedure is called tapping and the person is referred to as the 'tapper'. If tapping is required at both ends of the pool, a separate tapper shall be used at each end of the pool (IPC 2.15.1) Also where necessary, a swimmer may have a touch by a person to indicate the start of their leg of the relay.

MC 4.3 For S11, SB11, SM11 competitors(IPC 2.18.3.1)

MC 4.4 The tapping device must be deemed safe. (IPC 2.18.3.1.2)

MC 4.5 Support staff shall not coach the competitor while assisting or tapping. If such coaching occurs, the competitor shall be disqualified.

SSW 4.6 Handicap Races

- a The start in Freestyle, Breaststroke and Butterfly races shall be made with a dive. On the signal from the Referee, the competitors shall step onto the starting blocks. Competitors shall take up their starting position at the front of the block in time to start on their "GO" mark. The Starter shall hold one arm, holding a solid object, vertical prior to commencing the start and drop the arm rapidly at the same instant 'ZERO' is called
- b Backstroke competitors shall start in the water. Competitors shall take up the starting position without undue delay.
- c Competitors starting before their respective 'GO' mark has been called shall be disqualified. Such disqualification shall be expunged if the competitor immediately returns to the original starting point at the wall and restarts, but not before the respective 'GO' mark is called. It shall not be necessary to return to the starting platform.

SW 5 FREESTYLE

SW 5.1 Freestyle means that in an event so designated the swimmer may swim any style, except that in individual medley or medley relay events, freestyle means any style other than backstroke, breaststroke or butterfly.

SW 5.2 Some part of the swimmer must touch the wall upon completion of each length and at the finish.

SW 5.3 Some part of the swimmer must break the surface of the water throughout the race, except it shall be permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface.

- MC 5.1** For S1-5 swimmers swimming on their back, during each complete stroke cycle some part of the swimmer must break the surface of the water. (IPC 3.2.3.1)
- MC 5.2** Standing on the bottom during freestyle events or during the freestyle portion of medley events shall not disqualify a swimmer, but they shall not walk. (IPC 3.2.4)
- SW 6** **BACKSTROKE**
- SW 6.1** Prior to the starting signal, the swimmers shall line up in the water facing the starting end, with both hands holding the starting grips. Standing in or on the gutter or bending the toes over the lip of the gutter is prohibited.
- MC 6.1** Where a swimmer is unable to hold both starting grips, it is permissible to hold the grips with one hand only. (IPC 3.3.1.1)
- MC 6.2** Where Swimmer is “unable to hold either starting grip, it is permissible to the end of the pool. (IPC 3.3.1.2)
- MC 6.3** Where a swimmer is unable to hold the starting grips or end of the pool, the swimmer may be assisted by a support staff or starting device. This device shall be cleared and deemed safe by the Technical Manager. Giving momentum to the swimmer at the start is not permitted. The swimmer shall have part of the body in contact with the wall until the starting signal is given. (IPC 3.3.1.3)
- SW 6.2** At the signal for starting and after turning the swimmer shall push off and swim upon his back throughout the race except when executing a turn as set forth in SW 6.4. The normal position on the back can include a roll movement of the body up to, but not including 90 degrees from horizontal. The position of the head is not relevant.
- SW 6.3** Some part of the swimmer must break the surface of the water throughout the race. It shall be permissible for the swimmer to be completely submerged during the turn, at the finish and for a distance of not more than 15 metres after the start and each turn. By that point the head must have broken the surface.
- MC 6.4** For S1-5 swimmers, during each complete stroke cycle some part of the swimmer must break the surface of the water. (IPC 3.3.3.1)
- SW 6.4** When executing the turn, there must be a touch of the wall with some part of the swimmer’s body. During the turn, the shoulders may be turned over the vertical to the breast after which a continuous single arm pull or a continuous simultaneous double arm pull may be used to initiate the turn. The swimmer must have returned to the position on the back upon leaving the wall.
- MC 6.5** For the swimmer who has no arms or use of his/her arms during the turn, once the body has left the position on the back, the turn shall be initiated . The swimmer must have returned to a position on the back upon leaving the wall. (IPC 3.3.4.1)
- SW 6.5** Upon the finish of the race the swimmer must touch the wall while on the back.
- SW 7** **BREASTSTROKE**
- SW 7.1** After the start and after each turn, the swimmer may take one arm stroke completely back to the legs during which the swimmer may be submerged. A single butterfly kick is permitted during the first arm stroke, followed by a breaststroke kick.
- MC 7.1** After the start and after each turn, a swimmer who is unable to push off with the leg/s, may perform one arm stroke that may not be simultaneous or on the horizontal plane to attain the breast position. (IPC 3.4.1.1)
- SW 7.2** From the beginning of the first arm stroke after the start and after each turn, the body shall be kept on the breast. It is not permitted to roll onto the back at any time. From the start and throughout

the race the stroke cycle must be one arm stroke and one leg kick in that order. All movements of the arms shall be simultaneous and in the same horizontal plane without alternating movement.

- MC 7.2** When a swimmer does not have any legs or arms or parts thereof, either the kick or the respective arm stroke shall constitute a complete stroke cycle. (IPC 3.4.2.2)
- SW 7.3** The hands shall be pushed forward together from the breast on, under, or over the water. The elbows shall be under water except for the final stroke before the turn, during the turn and for the final stroke at the finish. The hands shall be brought back on or under the surface of the water. The hands shall not be brought back beyond the hip line, except during the first stroke after the start and each turn.
- MC 7.4** Swimmers with a visual impairment approaching a turn or finish may push their hands forward from any point in the stroke cycle immediately after they have been tapped (IPC 3.4.3.1)
- SW 7.4** During each complete cycle, some part of the swimmer's head must break the surface of the water. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke. All movements of the legs shall be simultaneous and on the same horizontal plane without alternating movement.
- MC 7.5** A swimmer with lower limb impairment must show intent of simultaneous movement and show intent to kick in the same horizontal plane throughout the race or trail/drag the leg/s throughout the race. (IPC 3.4.4.1)
- SW 7.5** The feet must be turned outwards during the propulsive part of the kick. A scissors, flutter or downward dolphin kick is not permitted except as in SW 7.1. Breaking the surface of the water with the feet is allowed unless followed by a downward dolphin kick.
- MC 7.6** A swimmer who is unable to use one or both legs and/or foot/feet to gain normal propulsion shall not be required to turn the affected foot/feet outwards during the propulsive part of the kick. (IPC 3.4.5.1)
- SW 7.6** At each turn and at the finish of the race, the touch shall be made with both hands simultaneously at, above, or below the water level. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.
- MC 7.7** At each turn and the finish of the race where a swimmer has different arm lengths only the longer arm must touch the wall, but both arms must be stretched forward simultaneously. (IPC 3.4.6.1)
- MC 7.8** At each turn and at the finish of the race a swimmer with upper limbs too short to stretch above the head shall touch the wall with any part of the upper body. (IPC 3.4.6.2)
- MC 7.9** At each turn and the finish of the race, where a swimmer uses only one arm for the stroke cycle the swimmer shall be required to touch with one hand/arm only. (IPC 3.4.6.3)
- MC 7.10** At each turn and the finish of the race, where the swimmer who uses both arms but has restriction in the shoulder/elbow only the longer arm must touch the wall, but both arms must be stretched forward simultaneously. (IPC 3.4.6.4)
- MC 7.11** SB11-12 swimmers may have difficulty making a simultaneous touch at the turn and the finish if there are restricted due to contact with the lane rope, the swimmer shall not be disqualified provided that no advantage was gained. (IPC 3.4.6.5)

Clarification of SW 7

CLARIFICATION: *From the beginning of the first arm stroke after the start and after each turn, the body shall be kept on the breast. It is not permitted to roll onto the back at any time. Throughout the race the stroke cycle must be one arm stroke and one leg kick in that order.*

During each complete cycle, some part of the swimmer's head shall break the surface of the water. After the start and after each turn, the swimmer may take one arm stroke completely back to the legs. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke, after the start and after each turn. A single downward butterfly kick followed by a breaststroke kick is permitted after the commencement of the first arm stroke after the start and after each turn.

Following which, all movements of the legs shall be simultaneous and in the same horizontal plane without alternating movement. All movements of the arms shall be in the same horizontal plane without alternating movement.

SW 8 BUTTERFLY

SW 8.1 From the beginning of the first arm stroke after the start and each turn, the body shall be kept on the breast. Under water kicking on the side is allowed. It is not permitted to roll onto the back at any time.

MC 8.1 After the start and after each turn, a swimmer who is unable to push off with the leg/s may perform one arm stroke that may not be simultaneous to attain the breast position. (IPC 3.5.1.1)

SW 8.2 Both arms must be brought forward together over the water and brought backward simultaneously throughout the race, subject to SW 8.5.

MC 8.2 S11-12 swimmers may have difficulty bringing both arms forward together if they are restricted due to contact with the lane rope; the swimmer shall not be disqualified provided that no advantage was gained. (IPC 3.5.2.1)

MC 8.3 Swimmers with a visual impairment approaching a turn of finish may bring their arms forward under the water immediately after they have been tapped. (IPC 3.5.2.2)

MC 8.4 Where part of an arm is missing, the remaining part of the arm shall be brought forward together with the other arm. (IPC 3.5.2.3)

MC 8.5 Where a swimmer uses one arm for the arm stroke, the arm shall be brought forward over the water. (IPC 3.5.2.4)

SW 8.3 All up and down movements of the legs must be simultaneous. The position of the legs or feet need not be on the same level, but they shall not alternate in relation to each other. A breaststroke kicking movement is not permitted.

MC 8.6 When a swimmer's impairment results in only one leg being used the non-functional leg shall drag. (IPC 3.5.3.1)

SW 8.4 At each turn and at the finish of the race, the touch shall be made with both hands simultaneously, at, above or below the water surface

MC 8.7 At each turn and the finish of the race where a swimmer has different arm lengths only the longer arm must touch the wall, but both arms must be stretched forward simultaneously. (IPC 3.5.4.1)

MC 8.8 At each turn and at the finish of the race, A swimmer with no or non-functional upper limbs or upper limbs too short to stretch above the head, shall touch the wall with any part of the upper body ~~when turning and finishing.~~ (IPC 3.5.4.2)

MC 8.9 At each turn and the finish of the race, where a swimmer uses one arm for the arm stroke ~~cycle~~ the swimmer shall touch with one hand/arm only. (IPC 3.5.4.3)

MC 8.10 At each turn and the finish of the race, where the swimmer who uses both arms but has restriction in the shoulder/elbow only the longer arm must touch the wall, but both arms must be stretched forward simultaneously. (IPC 3.5.4.4)

- MC 8.11** S11-12 swimmers may have difficulty making a simultaneous touch at the turn and finish if they are restricted due to contact with the lane rope. the swimmer shall not be disqualified provided that no advantage was gained. (IPC 3.5.4.5)
- MC 8.12** At the turn and finish, swimmers with no leg function may perform a half stroke with the arm/s recovering forward under the surface of the water, in order to contact the wall. (IPC 3.5.4.6)
- SW 8.5** At the start and at turns, a swimmer is permitted one or more leg kicks and one arm pull under the water, which must bring him to the surface. It shall be permissible for a swimmer to be completely submerged for a distance of not more than 15 metres after the start and after each turn. By that point, the head must have broken the surface. The swimmer must remain on the surface until the next turn or finish.
- SW 9** **MEDLEY SWIMMING**
- SW 9.1** In individual medley events, the swimmer covers the four swimming styles in the following order: Butterfly, Backstroke, Breaststroke and Freestyle. Each of the four strokes must cover one quarter (1/4) of the distance.
- MC 9.1** In the 150m and 75m individual medley events, the swimmer covers three swimming strokes in the following order: Backstroke, Breaststroke and Freestyle. Each of the strokes must cover one third (1/3) of the distance. (IPC 3.6.1.1)
- SW 9.2** In medley relay events, swimmers will cover the four swimming styles in the following order: Backstroke, Breaststroke, Butterfly and Freestyle.
- SW 9.3** Each section must be finished in accordance with the rule which applies to the style concerned.
- SW 10** **THE RACE**
- SSW 10.1** All races may be held as either individual or mixed genders where appropriate.
- SW 10.2** A swimmer swimming over the course alone shall cover the whole distance to qualify
- SW 10.3** The swimmer must remain and finish the race in the same lane in which he/she started
- MC 10.1** Should a swimmer with a visual impairment inadvertently surface in the wrong lane after a start or executing a turn and the swimmer has surfaced in a lane not in use, the swimmer shall be permitted to complete the race in that lane. If it is necessary for the swimmer to return to the correct lane the 'tapper' may give verbal instructions, but only after clearly identifying the swimmer by name to prevent distraction or interference to other competitors. (IPC 3.8.3.1)
- SW 10.4** In all events, a swimmer when turning shall make physical contact with the end of the pool or course. The turn must be made from the wall, and it is not permitted to take a stride or step from the bottom of the pool
- SW 10.5** Standing on the bottom during freestyle events or during the freestyle portion of medley events shall not disqualify a swimmer, but he shall not walk.
- SW 10.6** Pulling on the lane rope is not allowed.
- SW 10.7** Obstructing another swimmer by swimming across another lane or otherwise interfering shall disqualify the offender. Should the foul be intentional, the Referee shall report the matter to the Member promoting the race, and to the Member of the swimmer so offending
- MC 10.2** S11, SB11 and SM11 swimmers, with the exception of those with prosthetics in both eyes, shall be required to wear opaque (blackened in) goggles for competition. S11 SB11 SM11 swimmers whose facial structure will not support goggles shall be required to cover the eyes with an opaque covering. The goggles of the S11 SB11 SM11 swimmers shall be checked at the finish of the relevant event. (IPC 3.8.8)

- MC 10.3** In the event that the goggles accidentally fall off during the dive or break during the race, the swimmer shall not be disqualified. (IPC 3.8.8.1)
- SW 10.8** No swimmer shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy or endurance during a competition (such as webbed gloves, flippers, fins etc.). Goggles may be worn. Any kind of tape on the body is not permitted unless approved by FINA Sport Medicine Committee.
- Any swimmer not entered in a race, who enters the water in which an event is being conducted before all swimmers therein have completed the race, shall be disqualified from his next scheduled race in the meet.
- ASW 10.8** No swimmer shall be permitted to wear any device or swimsuit that may aid his/her speed, buoyancy or endurance during a competition (such as webbed gloves, flippers, fins, etc.). Goggles may be worn. Any kind of tape on the body is not permitted unless approved by the Technical Manager or the session Referee.
- MC 10.4** No swimmer shall be permitted to use prostheses, except ocular or orthoses during a race. (IPC 3.8.9.1)
- SW 10.9** Any swimmer not entered in a race, who enters the water in which an event is being conducted before all swimmers therein have completed the race, shall be disqualified from his next scheduled race in the meet.
- SW 10.10** There shall be four swimmers on each relay team.
- MC 10.5** Relay teams are based on a point score. The sport class of an individual swimmer is worth the actual number value i.e. Sport class S6 is worth six (6) points, class SB12 is worth twelve (12) points, etc. (IPC 3.7.6)
- MC 10.5.1** Relay Event Point List. (IPC 2.18.1)
- 4 x 50m Freestyle S14 and maximum 20 points for S1-S10
 4 x 100m Freestyle S14 and maximum 34 points for S1-S10
 4 x 100m Freestyle Maximum 40 points for S1-S10
 4 x 50m Medley S14 and maximum 20 points for S1-S10
 4 x 100m Medley S14 and maximum 34 points for S1-S10
 4 x 50m Freestyle Maximum 49 points for S11-S13
 4 x 100m Freestyle Maximum 49 points for S11-S13
 4 x 50m Medley Maximum 49 points for S11-S13
 4 x 100m Medley Maximum 49 points for S11-S13
- SW 10.11** In relay events, the team of a swimmer whose feet lose touch with the starting platform before the preceding teammate touches the wall shall be disqualified.
- ASW10.11** The swimmer who is next to swim in the relay event must be standing on the starting platform immediately prior to his/her start. Running starts shall not be permitted.
- MC 10.6** In a relay event a swimmer may commence in the water. The swimmer may not lose hand/feet contact with the starting place until such time as the preceding team member touches the wall otherwise the swimmer shall be disqualified. (IPC 3.7.8.1)
- SW 10.12** Any relay team shall be disqualified from a race if a team member, other than the swimmer designated to swim that length, enters the water when the race is being conducted, before all swimmers of all teams have finished the race.

- MC 10.7** A swimmer, in a relay event, who is to commence with a water start, may enter the water only when the preceding take off at the same end has been executed. (IPC 3.7.9.1)
- MC 10.8** The tapper is able to convey to the swimmer the relay changeovers and convey the position/place of the relay. An extra tapper may be required, one for tapping the swimmer completing the leg of the relay and one tapper for conveying the changeover. No coaching is permitted. (IPC 3.7.10)
- SW 10.13** The members of a relay team and their order of competing must be nominated before the race. Any relay team member may compete in a race only once. The composition of a relay team may be changed between the heats and finals of an event, provided that it is made up from the list of swimmers properly entered by a Member for that event. Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a documented medical emergency.
- MC 10.9** The names of the swimmers and their sport class must be nominated in the order in which they are to swim and for swimmers in medley relay events must be listed for their respective strokes. Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a medical withdrawal. (IPC 3.7.4)
- MC 10.10** The reserve/s for relays are to be named on the relay declaration form identifying the sport class of the swimmer/s and in the case of the medley relays also the stroke that is to be performed. (IPC 3.7.5)
- SW 10.14** Any swimmer having finished his race, or his distance in a relay event, must leave the pool as soon as possible without obstructing any other swimmer who has not yet finished his race. Otherwise the swimmer committing the fault, or his relay team, shall be disqualified.
- MC 10.11** Class 1-5 swimmers may stay in their lane until the last swimmer of the team has completed the race. A swimmer remaining in the water shall move a short distance away from the end of the pool, close to the lane rope but shall not obstruct another swimmer in another lane. (IPC 3.8.11.1)
- SW 10.15** Should a foul endanger the chance of success of a swimmer, the Referee shall have the power to allow him to compete in the next heat or, should the foul occur in a final event or in the last heat, he/she may order it to be re-swum.
- MC 10.12** For swimmers with visual impairment, should an accidental foul occur during a race, caused by a swimmer either surfacing after the start or turn, in a lane that is in use by another competitor, or by swimming too close to the lane rope, etc, the referee shall have the power to allow one or all swimmers to re-swim the event. If the foul occurs in a final, the referee may order the final to be re-swum. (IPC 3.8.7.1)
- SW 10.16** No pace-making shall be permitted, nor may any device be used or plan adopted which has that effect
- SW 10.17** Any competitor who during the race swims a stroke ~~starts the race with~~ other than the nominated stroke shall be disqualified.
- SW10.18** At a pre-seeded meet without marshalling any competitor who swims in the wrong heat or lane may be disqualified.
- SW10.19** In handicap events, any competitor deemed by the Referee, to be deliberately swimming slowly, so as to swim within the nominated time, shall be disqualified
- SW 11** **TIMING**
- SW 11.1** The operation of Automatic Officiating Equipment shall be under the supervision of appointed officials. Times recorded by Automatic Equipment shall be used to determine the winner, all placings and the time applicable to each lane. The placings and times so determined shall have precedence over the decisions of timekeepers. In the event that a break-down of the Automatic Equipment occurs or that it is clearly indicated that there has been a failure of the equipment, or

that a swimmer has failed to activate the equipment, the recordings of timekeepers shall be official. (See SW 13.3).

- SW 11.2** When Automatic Equipment is used, the results shall be recorded only to 1/100 of second. When timing to 1/1000 of a second is available, the third digit shall not be recorded or used to determine time or placement. In the event of equal times, all swimmers who have recorded the same time at 1/100 of a second shall be accorded the same placing. Times displayed on the electronic scoreboard should show only to 1/100 of a second.
- SW 11.3** Any timing device that is terminated by an official shall be considered a watch. Such manual times must be taken by three timekeepers appointed or approved by the Member in the country concerned. All watches shall be certified as accurate to the satisfaction of the governing body concerned. Manual timing shall be registered to 1/100 of a second. Where no Automatic Equipment is used, official manual times shall be determined as follows:
- SW 11.3.1** If two of the three watches record the same time and the third disagrees, the two identical times shall be the official time.
- SW 11.3.2** If all three watches disagree, the watch recording the intermediate time shall be the official time.
- SW11.3.3** With only two (2) out of three (3) watches working the average time shall be the official time.
- SW11.3.4** In the case of only (2) two manual or semi automatic times being obtained but 1 is obviously considerably different from the other one. In this case the Referee has the discretion to remove the out of place time.
- SW11.3.5** When the difference between the AOE time and the official manual time is greater than 0.3 seconds the official time for that competitor shall be determined by the Referee. When three (3) manual times are used and one time is more than 1 second different from the other two times, that time should be excluded and the official time should become the average of the remaining times after approval by the referee.
- SW 11.4** Should a swimmer be disqualified during or following an event, such disqualification should be recorded in the official results, but no time or place shall be recorded or announced.
- SW 11.5** In the case of a relay disqualification, legal splits up to the time of the disqualification shall be recorded in the official results.

ASW 12 RECORDS

ASW 12.1 General Requirements and Conditions for Records

ASW 12.1.1 All attempts on records shall be made in fresh water without tide or current.

ASW 12.1.2 For all Long Course swimming records the length of the pool shall be 50 metres.

ASW 12.1.3 For all Short Course swimming records the length of the pool shall be 25 metres.

ASW 12.1.4 All records must be made in scratch competition or an individual race against time, held in public and announced publicly by advertisement at least three days before the attempt is to be made.

ASW 12.1.5 For an individual race against time the event must be held in public and announced publicly by advertisement at least 3 clear days before the race or the record attempt is made OR at a Meet conducted by or under the control of Swimming Australia or a State Association and sanctioned by the Technical Manager.

Swimming Australia rules concerning the General Requirement and Conditions for Records, SW 12.1 to SW 12.5, shall be applicable to an individual race against time.

- MC 12.1** For classified swimmers with disability all records must be achieved in competition conducted in the Multi Class format, with the exception of any event not offered at Australian Championships or Australian Age Multi Class Championships, and where the record time is set in competition sanctioned by the relevant international federation, events must also meet the General Requirements and Conditions for Records outlined in SW12.1.
- ASW 12.1.6** Should the first swimmer in a relay team complete the distance in record time in accordance with the rules, such a performance shall not be nullified by any subsequent disqualification of the relay team or team members for a violation occurring after the first swimmers distance is completed.
- SSW 12.1.7** A swimmer in an individual event may apply for a World, Commonwealth or Australian Record at an intermediate distance if the swimmer or his coach or manager or responsible official specifically requests the Referee that the performance be especially timed or if the time at the intermediate distance is recorded by approved Automatic Officiating Equipment. Such swimmer must complete the scheduled distance of the event to apply for a record at the intermediate distance provided that for Australian Records the swimmer must achieve the qualifying time for the event and is not disqualified.
- SSW 12.1.8** Times which are equal to 1/100th of a second will be recognised as equal records and swimmers achieving these equal times will be called "Joint Holders". In the event of a tie in a record setting race, each swimmer who tied shall be considered a winner and each may submit a time for recognition as a joint holder of an Australian, Commonwealth or World Record.
- ASW 12.1.9** World, Commonwealth and Australian records will be accepted only when times are reported by Automatic Officiating equipment, or Semi-Automatic Officiating equipment in case of Automatic Officiating equipment system malfunction.
- ASW 12.1.10** Members of relay teams at Australian Championships must be members of the same State Association or a Club affiliated to a State Association to compete in State or Club relays respectively.
- SW.12.1.11** For World Records the length of each lane of the course must be certified by a surveyor or other qualified official appointed or approved by the Member in the country in which it is situated.
- SW 12.1.12** For World Records where a moveable bulkhead is used, course measurement of each lane must be confirmed at the conclusion of the session during which the time was achieved.
- SSW 12.1.13** For meets with only 1 backup time in addition to the touchpad time that:
- If the gap between the touchpad time and the backup time is less than or equal to 0.3 seconds then the touchpad time will be the swimmers recorded time.
 - If the gap between the touchpad time and the backup time is greater than 0.3 seconds then the swimmer's time will be the appropriate time as determined by the Referee.
 - In the advent of an obvious failure the Referee shall make the decision of the recorded time from the touch pad time and the backup time.
 - In the case of only 1 time being recorded that will be the swimmer's recorded time after deliberation by the Referee but that this time is not acceptable for records.
- For records to be considered for ratification then at least 2 times must be available and Times shall be recognised as records only if:
- a) They are official times determined by AOE or SAT whether adjusted or not
And;
 - b) They are either:
 - i. Achieved at an event conducted by SwimmingSA or
 - ii. Achieved at an event approved by SwimmingSA or
 - iii. Achieved at any event for which Swimming Australia would recognise a record
 And;
 - c) Automatic timing printout is legibly inscribed
And;
 - d) The times are reported in the official results of the meet

ASW 12.2.A**AUSTRALIAN RECORDS****ASW 12.2.1**

There shall be four (4) classes of Long Course swimming records each for Men and Women, recognised by Swimming Australia:

- (a) Australian Records for the best times recorded anywhere in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association and as defined in SW 12.3.2.
- (b) All Comers Records for the best times recorded in Australia by a swimmer or team registered with a country affiliated with FINA and as defined in SW 12.3.2.
- (c) Australian Age Records for the best times recorded anywhere in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association and as defined in SW 12.3.2.
- (d) All Comers Age Records for the best times recorded in Australia by a swimmer or team registered with a country affiliated with FINA and as defined in SW 12.3.3.

ASW 12.2.2

There shall be two (2) classes of Short Course swimming records each for Men and Women, recognised by Swimming Australia.

- (a) Australian Short Course Records for the best times recorded anywhere in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association and as defined in SW 12.3.4.
- (b) All Comers Short Course Records for the best times recorded in Australia by a swimmer or team registered with a country affiliated with FINA as defined in SW 12.3.4.

SW 12.2.3

There shall be three classes of records each for men and women swimmers with disability recognised by Swimming Australia:

- (a) Australian Records for Swimmers with Disability for the best times recorded in a 50m pool anywhere in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association, holding a current classification recognised by Swimming Australia.
- (b) Australian Short Course Records for Swimmers with Disability for the best times recorded in a 25m pool in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association, holding a current classification recognised by Swimming Australia.
- (c) Australian Age Records for Swimmers with Disability for the best times recorded in a 50m pool in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association, holding a current classification recognised by Swimming Australia.

S12.2.B**SOUTH AUSTRALIAN RECORDS****S12.2.B.1**

There shall be nine (9) classes of Long Course swimming records each for Males and Females, recognised by Swimming South Australia:

- (a) South Australian Records for times recorded anywhere in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.1 by competitors currently registered with SwimmingSA and who are residentially qualified as South Australian in accordance with the Administration Regulations.
- (b) South Australian All Comers Records for times recorded in South Australia in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.1 by competitors registered with a State Association or National Association recognised by FINA.

- (c) South Australian Age Records for times recorded anywhere in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.2 by competitors currently registered with SwimmingSA and who are residentially qualified as South Australian in accordance with the Administration Regulations.
- (d) South Australian All Comers Age Records for times recorded in South Australia in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.2 by competitors registered with a State Association or National Association recognised by FINA.
- (e) South Australian Country Records for times recorded anywhere in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.5 and by Competitors currently registered with SwimmingSA and who are competitive members of a country club.
- (f) South Australian All Comers Country Records, for times recorded at the South Australian Country Championships for styles and distances listed in Regulation SW12.3.B.6.
- (g) South Australian Country Age Records for times recorded anywhere in a 50 m pool, for styles and distances listed in Regulation SW12.3.B.7 and by Competitors currently registered with SwimmingSA and who are competitive members of a country club.
- (h) South Australian All Comers Country Age Records, for times recorded at the South Australian Country Championships for styles and distances listed in Regulation SW12.3.B.8.
- (i) South Australian Records for Swimmers with Disability for the best times recorded in a 50m pool anywhere in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association, holding a current classification recognised by Swimming Australia.

S12.2.B.2

There shall be five (5) classes of Short Course swimming records each for Males and Females, recognised by Swimming South Australia.

- (a) The South Australian Record, for Short Course for times recorded anywhere in a 25m pool., for styles and distances listed in Regulation SW12.3.B.3.and by competitors currently registered with SwimmingSA and who are residentially qualified as South Australian in accordance with the Administration Regulations
- (b) South Australian All Comers Records, for Short Course for times recorded in South Australia in a 25m pool, for styles and distances listed in Regulation SW12.3.B.3 and by competitors registered with a State Association or National Association recognised by FINA.
- (c) The South Australian Age Record, for Short Course for times recorded anywhere in a 25m pool., for styles and distances listed in Regulation SW12.3.B.4and by competitors currently registered with SwimmingSA and who are residentially qualified as South Australian in accordance with the Administration Regulations
- (d) South Australian All Comers Age Records, for Short Course for times recorded in South Australia in a 25m pool, for styles and distances listed in Regulation SW12.3.B.4 and by competitors registered with a State Association or National Association recognised by FINA.
- (e) Australian Short Course Records for Swimmers with Disability for the best times recorded in a 25m pool in the world by a swimmer or team having Australian Citizenship, currently registered with a State Association, holding a current classification recognised by Swimming Australia.

ASW 12.3.A

SWIMMING AUSTRALIA RECORD EVENTS

ASW 12.3.A.1

The recognised distances and strokes for both Men and Women AUSTRALIAN and ALL COMERS RECORDS Rule SW 12.2.1. (a) and (b) shall be:-

Freestyle	50 100 200 400 800 and 1500 metres
Backstroke	50 100 and 200 metres
Breaststroke	50 100 and 200 metres

Butterfly	50 100 and 200 metres
Individual Medley	200 and 400 metres Refer SW 9.1.
Medley Relay	400 metres (4 x 100 metres) Refer SW 9.2.
Freestyle Relay	400 and 800 metres (4 x 100 metres and 4 x 200 metres)

The recognised distances and strokes for classified swimmers with disability AUSTRALIAN RECORDS shall be:-

Distance	Stroke	Men	Women
50m	Freestyle	S1 - S16	S1 - S16
100m	Freestyle	S1 - S16	S1 - S16
200m	Freestyle	S1 - S16	S1 - S16
400m	Freestyle	S6 - S16	S6 - S16
800m	Freestyle	S6 - S16	S6 - S16
1500m	Freestyle	S7 – S16	S7 – S16
50m	Backstroke	S1 – S16	S1 – S16
100m	Backstroke	S1 - S16	S1 - S16
200m	Backstroke	S6 - S16	S6 - S16
50m	Butterfly	S1 – S16	S1 – S16
100m	Butterfly	S5 - S16	S5 - S16
200m	Butterfly	S1 – S16	S1 – S16
50m	Breaststroke	SB1 – SB16	SB1 – SB16
100m	Breaststroke	SB5 - SB16	SB5 - SB16
200m	Breaststroke	SB4 – SB16	SB4 – SB16
200m	Ind Medley	SM3 – SM16	SM3 – SM16
400m	Ind Medley	SM8 – SM16	SM8 – SM16

ASW 12.3.A.2 The recognised distances and strokes for Boys and Girls AUSTRALIAN AGE and ALL COMERS AGE RECORDS Rule SW 12.2.1. (c) and (d) shall be:

Freestyle	50 100 200 400 metres and 800m Girls and 1500m Boys
Backstroke	100 and 200 metres
Breaststroke	100 and 200 metres
Butterfly	100 and 200 metres
Individual Medley	200 and 400 metres Refer SW 9.1.
Medley Relay	200 metres (4 x 50 metres) Refer SW 9.2.
Freestyle Relay	200 metres (4 x 50 metres) (4 Swimmers each)

The following Age Groups shall be recognised - 13 Years and Under, 14 Years, 15 Years, 16 Years and 17 Years and 18 Years for all Individual events. For all Team Relay events the Age Group shall be - 14 Years and Under and 18 Years and Under.

The recognised distances and strokes for classified swimmers with disability AUSTRALIAN AGE RECORDS shall be:

Distance	Stroke	Men	Women
50m	Freestyle	S1 - S16	S1 - S16
100m	Freestyle	S1 - S16	S1 - S16
200m	Freestyle	S1 - S16	S1 - S16
400m	Freestyle	S6 - S16	S6 - S16
800m	Freestyle	S6 - S16	S6 - S16
1500m	Freestyle	S7 – S16	S7 – S16
50m	Backstroke	S1 – S16	S1 – S16
100m	Backstroke	S1 - S16	S1 - S16
200m	Backstroke	S6 - S16	S6 - S16
50m	Butterfly	S1 – S16	S1 – S16
100m	Butterfly	S5 - S16	S5 - S16

200m	Butterfly	S1 – S16	S1 – S16
50m	Breaststroke	SB8 – SB16	SB8 – SB16
100m	Breaststroke	SB5 - SB16	SB5 - SB16
200m	Breaststroke	SB4 – SB16	SB4 – SB16
200m	Ind Medley	SM3 – SM16	SM3 – SM16
400m	Ind Medley	SM8 – SM16	SM8 – SM16

ASW 12.3.A.3

SWIMMING AUSTRALIA RECORD DISTANCES AND STROKES - SHORT COURSE

The recognised distances and strokes for both Men and Women AUSTRALIAN and ALL COMERS SHORT COURSE RECORDS Rule SW 12.2.2 (a) and (b) shall be:

Freestyle	50 100 200 400 800 and 1500 metres
Backstroke	50 100 and 200 metres
Breaststroke	50 100 and 200 metres
Butterfly	50 100 and 200 metres
Individual Medley	100 200 and 400 metres Refer SW 9.1.
Medley Relay	400 metres (4 x 100 metres) Refer SW 9.2.
Freestyle Relay	400 and 800 metres (4 x 100m and 4 x 200m)

The recognised distances and strokes for classified swimmers with disability AUSTRALIAN SHORT COURSE RECORDS shall be:

Distance	Stroke	Men	Women
50m	Freestyle	S1 - S16	S1 - S16
100m	Freestyle	S1 - S16	S1 - S16
200m	Freestyle	S1 - S16	S1 - S16
400m	Freestyle	S6 - S16	S6 - S16
800m	Freestyle	S6 - S16	S6 - S16
1500m	Freestyle	S7 – S16	S7 – S16
50m	Backstroke	S1 – S16	S1 – S16
100m	Backstroke	S1 - S16	S1 - S16
200m	Backstroke	S6 - S16	S6 - S16
50m	Butterfly	S1 – S16	S1 – S16
100m	Butterfly	S5 - S16	S5 - S16
200m	Butterfly	S1 – S16	S1 – S16
50m	Breaststroke	SB8 – SB16	SB8 – SB16
100m	Breaststroke	SB5 - SB16	SB5 - SB16
200m	Breaststroke	SB4 – SB16	SB4 – SB16
200m	Ind Medley	SM3 – SM16	SM3 – SM16
400m	Ind Medley	SM8 – SM16	SM8 – SM16

SSW 12.3.B

SOUTH AUSTRALIAN RECORD EVENTS

SSW 12.3.B.1

SOUTH AUSTRALIA RECORD DISTANCES AND STROKES - LONG COURSE

The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN ALL COMERS and SOUTH AUSTRALIAN RECORDS Rule SW 12.2.B.1. (a) and (b) shall be:-

Freestyle	50, 100, 200, 400, 800 and 1500 metres
Backstroke	50, 100 and 200 metres
Breaststroke	50, 100 and 200 metres
Butterfly	50, 100 and 200 metres
Individual Medley	200 and 400 metres
Medley Relay	4x50 and 4 x 100 metres
Freestyle Relay	4x50, 4x100 and 4x200metres

The recognised distances and strokes for classified swimmers with disability SOUTH AUSTRALIAN RECORDS shall be:-

Distance	Stroke	Classification
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50m	Freestyle	S1 - S16
100m	Freestyle	S1 - S16
200m	Freestyle	S1 - S16
400m	Freestyle	S6 - S16
800m	Freestyle	S6 - S16
1500m	Freestyle	S7 – S16
50m	Backstroke	S1 – S16
100m	Backstroke	S1 - S16
200m	Backstroke	S6 - S16
50m	Butterfly	S1 – S16
100m	Butterfly	S5 - S16
200m	Butterfly	S1 – S16
50m	Breaststroke	SB1 – SB16
100m	Breaststroke	SB5 - SB16
200m	Breaststroke	SB4 – SB16
200m	Ind Medley	SM3 – SM16
400m	Ind Medley	SM8 – SM16

SSW 12.3.B.2

SOUTH AUSTRALIA AGE RECORD DISTANCES AND STROKES - LONG COURSE

The recognised distances and strokes for Boys and Girls SOUTH AUSTRALIAN ALL COMERS AGE and SOUTH AUSTRALIAN AGE RECORDS Rule SW 12.2.B.1. (c) and (d) shall be:

Event	Age							
	11&U	12yr	13yr	14yr	15yr	16yr	17yr	18yr
50m Freestyle	X	X	X	X	X	X	X	X
100m Freestyle	X	X	X	X	X	X	X	X
200m Freestyle	X	X	X	X	X	X	X	X
400m Freestyle		X	X	X	X	X	X	X
800m Freestyle			X	X	X	X	X	X
1500m Freestyle			X	X	X	X	X	X
50m Backstroke	X	X	X	X	X	X	X	X
100m Backstroke	X	X	X	X	X	X	X	X
200m Backstroke	X	X	X	X	X	X	X	X
50m Breaststroke	X	X	X	X	X	X	X	X
100m Breaststroke	X	X	X	X	X	X	X	X
200m Breaststroke	X	X	X	X	X	X	X	X
50m Butterfly	X	X	X	X	X	X	X	X
100m Butterfly	X	X	X	X	X	X	X	X
200m Butterfly	X	X	X	X	X	X	X	X
200m Individual Medley	X	X	X	X	X	X	X	X
400m Individual Medley		X	X	X	X	X	X	X
	12&U	14&U	16&U	18&U				
4x50m Freestyle Relay	X	X	X	X				
4x50m Medley Relay	X	X	X	X				
4x100m Freestyle Relay		X	X	X				
4x100m Medley Relay		X	X	X				
4x200m Freestyle Relay					X			

SW 12.3.B.3

SOUTH AUSTRALIA RECORD DISTANCES AND STROKES - SHORT COURSE

The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN ALL COMERS and SOUTH AUSTRALIAN SHORT COURSE RECORDS Rule SW 12.2.B.2 (a) and (b) shall be:

Freestyle	50, 100, 200, 400, 800 and 1500 metres
Backstroke	50, 100 and 200 metres
Breaststroke	50, 100 and 200 metres
Butterfly	50, 100 and 200 metres
Individual Medley	100, 200 and 400 metres
Medley Relay	4 x 50metres
Freestyle Relay	4 x 50metres

The recognised distances and strokes for classified swimmers with disability SOUTH AUSTRALIAN RECORDS shall be:-

Distance	Stroke	Classification
50m	Freestyle	S1 - S16
100m	Freestyle	S1 - S16
200m	Freestyle	S1 - S16
400m	Freestyle	S6 - S16
800m	Freestyle	S6 - S16
1500m	Freestyle	S7 – S16
50m	Backstroke	S1 – S16
100m	Backstroke	S1 - S16
200m	Backstroke	S6 - S16
50m	Butterfly	S1 – S16
100m	Butterfly	S5 - S16
200m	Butterfly	S1 – S16
50m	Breaststroke	SB1 – SB16
100m	Breaststroke	SB5 - SB16
200m	Breaststroke	SB4 – SB16
200m	Ind Medley	SM3 – SM16
400m	Ind Medley	SM8 – SM16

SSW 12.3.B.4 SOUTH AUSTRALIA AGE RECORD DISTANCES AND STROKES - SHORT COURSE

The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN ALL COMERS AGE and SOUTH AUSTRALIAN AGE SHORT COURSE RECORDS Rule SW 12.2.B.2 (c) and (d) shall be:

Event	Age							
	11&U	12yr	13yr	14yr	15yr	16yr	17yr	18yr
50m Freestyle	X	X	X	X	X	X	X	X
100m Freestyle	X	X	X	X	X	X	X	X
200m Freestyle	X	X	X	X	X	X	X	X
400m Freestyle		X	X	X	X	X	X	X
800m Freestyle			X	X	X	X	X	X
1500m Freestyle			X	X	X	X	X	X
50m Backstroke	X	X	X	X	X	X	X	X
100m Backstroke	X	X	X	X	X	X	X	X
200m Backstroke	X	X	X	X	X	X	X	X
50m Breaststroke	X	X	X	X	X	X	X	X
100m Breaststroke	X	X	X	X	X	X	X	X
200m Breaststroke	X	X	X	X	X	X	X	X
50m Butterfly	X	X	X	X	X	X	X	X
100m Butterfly	X	X	X	X	X	X	X	X
200m Butterfly	X	X	X	X	X	X	X	X
200m Individual Medley	X	X	X	X	X	X	X	X
400m Individual Medley		X	X	X	X	X	X	X
	12&U	14&U		16&U		18&U		
4x50m Freestyle Relay	X		X		X		X	
4x50m Medley Relay	X		X		X		X	
4x100m Freestyle Relay			X		X		X	
4x100m Medley Relay			X		X		X	
4x200m Freestyle Relay								X

SSW 12.3.B.5 SOUTH AUSTRALIA COUNTRY RECORD DISTANCES AND STROKES - LONG COURSE
The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN COUNTRY LONG COURSE RECORDS Rule SW 12.2.B.1 (e) shall be:

Freestyle	50, 100, 200, 400 and 800metres
Backstroke	50, 100 and 200metres
Breaststroke	50, 100 and 200metres
Butterfly	50, 100 and 200metres
Individual Medley	200 and 400metres Refer SW 9.1.
Medley Relay	200 and 400 metres (4 x 50 metres 4 x 100 metres)
Freestyle Relay	200 and 400 metres (4 x 50 metres and 4 x 100 metres)

SSW 12.3.B.6 SOUTH AUSTRALIA COUNTRY CHAMPIONSHIPS RECORD DISTANCES AND STROKES - LONG COURSE
The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN COUNTRY CHAMPIONSHIPS LONG COURSE RECORDS Rule SW 12.2.B.1 (f) shall be:

Freestyle	50, 100, 200, 400 and 800metres
Backstroke	50, 100 and 200metres
Breaststroke	50, 100 and 200metres
Butterfly	50, 100 and 200metres
Individual Medley	200 and 400metres Refer SW 9.1.
Medley Relay	200 and 400metres (4 x 50 metres 4 x 100 metres)
Freestyle Relay	200 and 400metres (4 x 50 metres and 4 x 100 metres)

SSW 12.3.B.7 SOUTH AUSTRALIA COUNTRY AGE RECORD DISTANCES AND STROKES - LONG COURSE
The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN COUNTRY AGE LONG COURSE RECORDS Rule SW 12.2.B.1 (g) shall be:

Event	Age							
	11&U	12yr	13yr	14yr	15yr	16yr	17yr	18yr
50 Freestyle	X	X	X	X	X	X	X	X
100m Freestyle	X	X	X	X	X	X	X	X
200m Freestyle					X			
400m Freestyle					X			
50 Backstroke	X	X	X	X	X	X	X	X
100m Backstroke	X	X	X	X	X	X	X	X
50 Breaststroke	X	X	X	X	X	X	X	X
100m Breaststroke	X	X	X	X	X	X	X	X
50 Butterfly	X	X	X	X	X	X	X	X
100m Butterfly	X	X	X	X	X	X	X	X
200m Individual Medley	X			X	X	X	X	X
	13&U				15&U			
4x50m Freestyle Relay	X				X			
4x50m Medley Relay	X				X			

SW 12.3.B.8

SOUTH AUSTRALIA COUNTRY CHAMPIONSHIPS AGE RECORD DISTANCES AND STROKES - LONG COURSE

The recognised distances and strokes for both Men and Women SOUTH AUSTRALIAN COUNTRY CHAMPIONSHIPS AGE LONG COURSE RECORDS Rule SW 12.2.B.1 (h) shall be:

Event	Age							
	11&U	12yr	13yr	14yr	15yr	16yr	17yr	18yr
50 Freestyle	X	X	X	X	X	X	X	X
100m Freestyle	X	X	X	X	X	X	X	X
200m Freestyle					X			
400m Freestyle					X			
50 Backstroke	X	X	X	X	X	X	X	X
100m Backstroke	X	X	X	X	X	X	X	X
50 Breaststroke	X	X	X	X	X	X	X	X
100m Breaststroke	X	X	X	X	X	X	X	X
50 Butterfly	X	X	X	X	X	X	X	X
100m Butterfly	X	X	X	X	X	X	X	X
200m Individual Medley	X			X	X	X	X	X
	13&U				15&U			
4x50m Freestyle Relay	X				X			
4x50m Medley Relay	X				X			

SW 12.4.A

APPLICATION FOR RECORDS

SW 12.4.1

World Records

- a) Any performance which appears to be a World Record and complies with the relevant rule shall be notified to Swimming Australia within 72 hours of the performance. The Chief Executive Officer, Swimming Australia, shall forthwith complete the official form provided by FINA and immediately forward the application to the Honorary Secretary of FINA for action.

Note: If the application for a record is accepted by FINA a diploma shall be issued for presentation to the swimmer. A fifth World Record diploma will be issued to Swimming Australia whose relay team establishes a World Record. This certificate is to be retained by Swimming Australia.

- b) Any performance which appears to be an IPC World Record and complies with the relevant rules shall be notified to Swimming Australia within 72 hours of the performance. The Chief Executive Officer, Swimming Australia, shall forthwith complete the official form provided by IPC and submit directly to IPC Swimming within 15 days of the record performance. (**IPC 2.21.10**)

Note: If the application for a record is accepted by IPC a certificate signed by IPC Swimming representative/s shall be forwarded to the APC and distributed to the swimmer. (IPC 2.21.13)

- c) Any performance which appears to be an INAS-FID World Record and complies with the relevant rules shall be notified to Swimming Australia within 72 hours of the performance. The Chief Executive Officer, Swimming Australia, shall forthwith notify INAS-FID by email within 1 week of receiving the record notification and complete the official form provided by INAS-FID and submit directly to the Swimming Director of INAS-FID within 3 weeks of the record performance.

Note: If the application for a record is accepted by INAS-FID a certificate of record will be issued to the swimmer.

- d) Any performance which appears to be an ICSD Deaf World Record and complies with the relevant rules shall be notified to Swimming Australia within 72 hours of the performance. The Chief Executive Officer, Swimming Australia, shall forthwith complete the official form provided by ICSD and forward directly to the ICSD Secretariat.

SW 12.4.2 Commonwealth Records

Any performance which appears to be a Commonwealth Record and complies with the relevant rules shall be notified to Swimming Australia within 72 hours of the performances so that the appropriate application for the record can be made to the Commonwealth Games Federation for action.

SW 12.4.3 Australian and All Comers Records

SW 12.4.3.1

Application for recognition for any Australian and All Comers Record shall be made on the prescribed "Application for Record Form" or "Application for Multi Class Record Form" unless the event is conducted by Swimming Australia.

After being duly completed, processed and recommended by a State Association the application shall be forwarded within fourteen (14) days of the performance direct to the office of Swimming Australia.

Such records when ratified by Swimming Australia shall be entered into the permanent records of Swimming Australia.

A record Certificate shall be presented to the individual swimmers and each member of a relay team recognising the performance of the swim. The Certificate shall be signed by the President.

SW 12.4.3.2

Records shall be established in each age group, but a swimmer cannot claim a record in a higher age group if so created. Records can be established by either age in any particular multiple age group.

SW 12.4.3.3

Each entrant for limited age competition must be the stipulated age on the first day of the meet.

SSW 12.4.4 South Australian Records

SSW 12.4.4.1

When a new record category for an age group and/or style and/or distance is approved the Board shall also establish a standard time which shall be the slowest time at which a record can be created.

SSW 12.4.4.2

At all events other than those hosted at the Adelaide Aquatic Centre, it is the responsibility of the competitor who claims to have achieved a new record to immediately complete an application form for the record to be recognised.

SSW 12.4.4.3

For the purpose of establishing restricted age records a competitor's age shall be taken to be the age on the day on which the record is established.

SSW 12.4.4.4

The following minimum number of officials is required to establish records:

- Referee 2
- Judges of Stroke 2

Starters	1
Timekeepers – per lane	1
Operators – Automatic Officiating Equipment.....	1
Inspectors of Turns - For Record requirements see SW 12.4.4.5	

SSW 12.4.4.5 The minimum number of inspector of turns (IOT's) required to establish records are:

<u>Pool Size</u>	<u>Number of IOT's</u>
9 or 10 lanes.....	4
7 or 8 lanes.....	3
5 or 6 lanes.....	2
4 or less lanes.....	1

SSW 12.4.4.6 At all events held at the Adelaide Aquatic Centre, the following procedures apply for split times:

- (1) Referees will only accept split time requests for 50m swims in Long Course Competitions and all backstroke swims.
- (2) All other swims/splits required not mentioned in EBL 22 (1) will be automatically collated through the AOE
- (3) For athletes wishing to achieve split times for events noted in EBL 22 (1), a blue form will need to be handed to the Referee at least 30 minutes before the start of the session. In addition to providing the referee with a blue form, those swimmers who wish to achieve a 50m Split in any event which is being conducted in a Long Course Pool are required to provide three timekeepers to obtain the split.

SW 12.4.4.7 Records may be established in swim offs providing that they are conducted according to rule SW12.1.13.B

SW 12.5.1 The length of each lane of the course must be certified by a surveyor or other qualified official appointed or approved by the Member in the country in which it is situated.

SW 12.5.2 Where a moveable bulkhead is used, course measurement of the lane must be confirmed at the conclusion of the session during which the time was achieved.

MC 12.1 A swimmer competing in a higher class event is eligible to set records in his own class. (IPC 2.21.9)

MC 12.2 In the case of a swimmer having a change in classification the following shall apply:

MC 12.2.1 If the reclassification is due to changes in the degree of activity limitation of the swimmer, then record/s will be retained in the swimmer's previous classification. (IPC 2.21.12.1)

MC 12.2.2 If the reclassification is due to any reason other than described in MC 12.2.1 above, a swimmer is ineligible to hold record/s in their previous classification. The swimmer's historical times shall be considered for records in their new classification. (IPC 2.21.12.2)

SW 13 AUTOMATIC OFFICIATING PROCEDURE

SW 13.1 When Automatic Officiating Equipment (See FR 4) is used in any competition, the placings and times so determined and relay take-offs judged by such Equipment shall have precedence over the decisions of human judges and timers.

SW 13.2 When the Automatic Officiating Equipment fails to record the place and/or time of one or more swimmers in a given race.

SW 13.2.1 Record Automatic Equipment times and places;

SW 13.2.2 Record human times and places;

SW 13.2.3 The official place will be determined as follows:

SW 13.2.3.1 A swimmer with an Automatic Equipment time and place must retain his relative order when compared with the other swimmers having an Automatic Equipment time and place within that race.

- SW 13.2.3.2** A swimmer not having an Automatic Equipment place but having an Automatic Equipment time will establish his relative order by comparing his Automatic Equipment time with the Automatic Equipment times of the other swimmers.
- SW 13.2.3.3** A swimmer having neither an Automatic Equipment place nor an Automatic Equipment time shall establish his relative order by the time recorded by the Semi-Automatic Equipment or by three digital watches.
- SW 13.3** The official time will be determined as follows:
- SW 13.3.1** The official time for all swimmers having an Automatic Equipment time will be that time.
- SW 13.3.2** The official time for all swimmers not having an Automatic Equipment time will be the three digital watches human time or the Semi-Automatic Equipment.
- SW 13.4** To determine the relative order of finish for the combined heats of an event proceeds as follows:
- SW 13.4.1** The relative order of all swimmers will be established by comparing their official times.
- SW 13.4.2** If a swimmer has an official time which is tied with the official time(s) of one or more swimmers, all swimmers having that time shall be tied in their relative order of finish in that event.
- SW.14** **OFFICIALS ERROR**
If an error by an official follows a fault by a competitor, the fault by the competitor may be expunged.

PROTEST FORM

Referees Consideration:

Protest Upheld

Protest Rejected

Reason(s):

Referee Signature

Date

Time

Received by SwimmingSA

Decision Accepted:

Yes

No

Team Manager Name

Team Manager Signature

Jury of Appeal Decision

Date

Time

Jury of Appeal Signature



Name of Meet: _____

Club Name: _____

SAL MEMBER PROTECTION POLICY - PROHIBITED PERSON DECLARATION

The Swimming Australia Member Protection Policy makes it a breach of the policy for a Prohibited Person (defined as a person who has been convicted of a Serious Sex Offence) to work or seek work in the following roles:

- Coaches who are appointed or seeking appointment (whether employed, contracted or otherwise) for reward;
- Volunteer personnel appointed or seeking appointment, who will or are likely to travel away with teams of competitors under 18 years of age; and
- Persons appointed or seeking appointment to a role in which that person is likely to have individual and unsupervised contact with competitors under 18 years of age (for example, a team manager).

The Swimming Australia Member Protection Policy also makes it a breach of the policy to appoint, or continue to appoint, a person to a role set out above:

- Without first obtaining this declaration; or
- Where this declaration reveals the person is a Prohibited Person.

The Swimming Australia Member Protection Policy defines a Serious Sex Offence to mean an offence involving sexual activity or acts of indecency including but not limited to:

- Rape
- Unlawful Sexual Intercourse
- Indecent assault
- Sexual assault
- Assault with intent to have sexual intercourse
- Incest
- Sexual penetration of child under the age of 17
- Indecent act with child under the age of 17
- Sexual relationship with child under the age of 17
- Sexual offences against people with impaired mental functioning
- Abduction and detention
- Procuring sexual penetration by threats or fraud
- Procuring sexual penetration of child under the age of 17
- Bestiality
- Soliciting acts of sexual penetration or indecent acts
- Promoting or engaging in acts of child prostitution
- Obtaining benefits from child prostitution
- Possession of child pornography
- Publishing child pornography and indecent articles.
- Indecent filming of a child under the age of 17 years.

Declaration

I am aware that I am ineligible to work or seek work in the roles set out above if I have been convicted of a Serious Sex Offence, as defined in the Swimming Australia Member Protection Policy.

I have read and understood the above information in relation to the Swimming Australia Member Protection Policy and understand my responsibilities and obligations under it.

I declare that I am not a person prohibited under the Swimming Australia Member Protection Policy from working or seeking work in the roles set out above.

I acknowledge that I am required to advise the CEO or most senior manager of the organisation appointing me, immediately upon becoming a Prohibited Person.

Team Manager Name: _____

Signature: _____

Please note all team managers must complete this form and register online prior to the start of each meet.

Starting March 2010 - SwimmingSA will require that all Team Managers, Technical Officials and Coaches (at SwimmingSA Endorsed Events) complete a National Police Certificate. If you are undertaking the duties of the positions named above please ensure that you provide SwimmingSA with your certificate, if you do not have a current National Police Certificate please contact your club to organise to obtain one.